

Chartwell Care Assist Program

Partnering with you to provide a personalized care experience



Chartwell's **Care Assist Program** is an offering of à la carte wellness services and all-inclusive care packages. Our program is designed to help you or a loved one achieve the comfort and quality of life you desire in your retirement residence. Delivered by the caring Chartwell staff you come to know and trust, our highest priority is to help you feel your best each and every day for your complete peace of mind.

Creating your personalized plan of care

We want your living experience with us to be an exceptional one, where you always **feel safe and supported**. That's why together with you and your family, we will partner to craft a customized plan of care that reflects your unique needs and goals.

1. Our Health & Wellness Manager will meet with you to conduct a review of your health needs, capabilities and interests, learning your personal story.
2. Once we've established your plan of care, we'll schedule health reviews to ensure we are adapting well to your needs.
3. You have the flexibility to add or remove services at any time so you can comfortably age in place.

We genuinely care

We know the people you place your trust in to provide your care are just as important—if not more so—than the services themselves. At Chartwell, our staff are compassionate, respectful and friendly people who are dedicated to your health and happiness. We are here to get to know you personally so we can anticipate your needs, support your choice and independence, and employ the discretion and care you deserve. Our well-trained care staff are truly committed to your wellness, with **someone on-site 24/7**. The **call bell system** in your suite also means that you have support available if and when you need it.

The choice is yours: À la carte services and all-inclusive packages

We're here to walk you through your options to find what will work best for you.

Examples of services include:

- Medication management
- Assistance with morning or evening routine
- Assistance with bathing or showering
- Continence care
- Escort assistance to meals or activities
- Meal assistance
- Resident lifting and repositioning
- Oxygen management
- CPAP/BiPAP assistance
- Injection service
- Therapeutic bath
- Customized personal care services

Additional services provided by trusted partners may include:*

- Physiotherapy
- Foot care
- Oxygen therapy
- Pharmacy
- Lab service
- Audiology services

Our Health & Wellness Manager is always available to answer your questions and provide guidance. Speak with them today to learn more.

* Availability of services may vary according to residence and region. Additional fees may apply.