



BREAKFAST



Coffee, tea and
a selection of juices



Morning pastries



Assorted fruits, hot/cold
cereals and a daily
breakfast feature

LUNCH



FEATURED SOUP

Cream of Asparagus



FEATURED SALAD

Spinach Salad with
Boiled Egg and Julienne Ham



FEATURED ENTRÉE

Honey Garlic Chicken Wings
(Served with crudités and blue cheese dip,
accompanied by sweet potato fries)



FEATURED DESSERT

Choice of dessert from daily menu

DINNER



FEATURED SOUP

Tomato and Roasted Vegetables



FEATURED SALAD

Greek Salad



FEATURED ENTRÉE

Roast Loin of Pork
(Served with pan gravy, apple chutney,
herbed wedge potatoes, braised
cabbage and glazed carrots)



FEATURED DESSERT

Baked Apples

À la carte menu options are also available, should you wish to order
alternatives to our featured dishes of the day. *SAMPLE MENU

CHARTWELL TRANQUILITY PLACE

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CHARTwell
retirement residences