



BREAKFAST



Coffee, tea and
a selection of juices



Morning pastries



Assorted fruits, hot/cold
cereals and a daily
breakfast feature

LUNCH



FEATURED SOUP

Beef Barley



FEATURED SALAD

Caesar Salad



FEATURED ENTRÉE

Mushroom and Red Pepper Frittata
(A fluffy egg dish with sautéed button
mushrooms and sweet red bell pepper)



FEATURED DESSERT

Choice of dessert from daily menu

DINNER



FEATURED SOUP

Sweet Potato with Leek



FEATURED SALAD

Spinach Salad



FEATURED ENTRÉE

Roast Veal with Mushroom
and Rosemary Sauce
(Served with roasted rosemary potatoes,
steamed broccoli and glazed carrots)



FEATURED DESSERT

Strawberry Shortcake

À la carte menu options are also available, should you wish to order
alternatives to our featured dishes of the day. *SAMPLE MENU

CHARTWELL RIDGEPOINTE

1789 Primrose Court, Kamloops, British Columbia V1S 0B7
778-376-2002 • ChartwellRidgepointe.ca



CHARTwell
retirement residences