



BREAKFAST



Coffee, tea and
a selection of juices



Morning pastries



Assorted fruits, hot/cold
cereals and a daily
breakfast feature

LUNCH



FEATURED SOUP

Tomato Spinach



FEATURED SALAD

Caesar Salad



FEATURED ENTRÉE

Mushroom and Red Pepper Frittata
(A fluffy egg dish with sautéed button
mushrooms and sweet red bell pepper)



FEATURED DESSERT

Choice of dessert from daily menu

DINNER



FEATURED SOUP

Cream of Cauliflower



FEATURED SALAD

Kale and Cabbage Salad



FEATURED ENTRÉE

English Style Fish and Chips
(Battered cod tails served with a side
of French fries and tartar sauce)



FEATURED DESSERT

Apple Crisp

À la carte menu options are also available, should you wish to order
alternatives to our featured dishes of the day. *SAMPLE MENU

CHARTWELL CARRINGTON PLACE

4651 23rd Street, Vernon, British Columbia V1T 4K7
866-237-1512 • ChartwellCarringtonPlace.ca



CHARTwell
retirement residences