



## **BREAKFAST**



Coffee, tea and  
a selection of juices



Morning pastries



Assorted fruits, hot/cold  
cereals and a daily  
breakfast feature

## **LUNCH**



### **FEATURED SOUP**

Cream of Cauliflower



### **FEATURED SALAD**

Spinach Salad with  
Boiled Egg and Julienne Ham



### **FEATURED ENTRÉE**

Honey Garlic Chicken Wings  
(Served with crudités and blue cheese dip,  
accompanied by sweet potato fries)



### **FEATURED DESSERT**

Choice of dessert from daily menu

## **DINNER**



### **FEATURED SOUP**

Chicken Noodle



### **FEATURED SALAD**

Garden Salad



### **FEATURED ENTRÉE**

Swiss Steak  
(Tender pieces of steak braised  
in a rich tomato sauce, served with  
garlic mashed potatoes, roasted  
butternut squash and minted peas)



### **FEATURED DESSERT**

Maple Walnut Ice Cream

À la carte menu options are also available, should you wish to order  
alternatives to our featured dishes of the day. \*SAMPLE MENU

### **CHARTWELL CARRINGTON HOUSE**

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**CHARTwell**  
retirement residences