



CHARTwell
STILLWATER
CREEK
retirement residence



making people's lives BETTER[®]

As Canada's largest retirement living operator, our mission at Chartwell is to provide seniors with a happier, healthier and more fulfilling life experience. Together with our committed and caring staff, we offer our residents top-quality service and a rewarding lifestyle in retirement communities they are proud to call home.

PART OF THE NEPEAN COMMUNITY SINCE 2001

Chartwell Stillwater Creek is situated in the heart of Bells Corners in Ottawa's west end. Quietly set back from bustling Robertson Road, our lovely location affords us extensive access to many local amenities and services within walking distance. Here, we offer multiple levels of support under one roof, including independent and supportive living suites, as well as dedicated assisted living accommodations—meaning we can accommodate your unique lifestyle and needs as you age with superior service.

UNIQUELY OUR OWN

Life at Chartwell Stillwater Creek can only be described as engaging, comfortable and worry-free. With a variety of services and support in place, you can lead your retirement as you wish. Enjoy beautiful suites awash in natural light filtering in through large windows, breathe in some fresh air from our lush courtyard and gazebo, have your hair done in our salon, or savour one of three daily appetizing meals. Additional service like housekeeping, mail and newspaper delivery allow you the flexibility to pursue the hobbies and interests that matter most to you.



THREE PILLARS OF CHARTWELL



DINING

ENJOY DELICIOUS AND NUTRITIOUS MEALS

The only thing better than being served appetizing, healthy meals you don't have to prepare yourself is enjoying them alongside friends. With trained dining staff dedicated to catering to the unique needs and preferences of each individual, as well as tasty daily menus featuring fresh ingredients, our dining experience makes residents feel right at home.



ACTIVITIES

LEAD A HEALTHY AND INSPIRED LIFESTYLE

We offer a variety of activities, classes and outings that engage the mind, body and spirit and cater to our residents' individual interests and abilities. Bringing together six dimensions of wellness, our Live Now programming promotes inspired, vibrant and fulfilling retirement lifestyles.



WELLNESS SERVICES

RECEIVE THE PERSONAL SUPPORT YOU NEED

We believe receiving the right support services is vital for our residents to enjoy life to the fullest while maintaining their health and independence. Our trained and caring staff are dedicated to providing personal support based on each individual's unique needs, so residents can enjoy the peace of mind they deserve.
















WELCOME TO THE NEIGHBOURHOOD

Situated in the heart of Bells Corners in Ottawa's west end, Chartwell Stillwater Creek is an ideal setting for retirees due to our close proximity to so many local amenities and services. Here, we have an excellent selection of restaurants, shops, banks and grocery stores—some within walking distance—along Robertson Road and Moodie Drive. Easily accessible via the Queensway, we're also a five-minute drive from Queensway Carleton Hospital and forty minutes outside of downtown Ottawa.

Some of the local services and amenities you or your loved one can take advantage of include:

- Scotiabank, TD, CIBC, BMO, Royal Bank, National Bank, Alterna
- Loblaws, Fresh & Co, Metro
- Zellers, Winners, Giant Tiger, Dollarama, Marks, Canadian Tire
- Rexall, Shoppers Drug Mart
- LCBO, Beer Store
- McDonalds, Subway, Harvey's, Cyranos, Zolas, KFC, Dairy Queen, The Brew Table, Lapointe's
- Tim Hortons, Starbucks
- Queensway Carleton Hospital
- Ottawa Public Library
- Planet Fitness
- Bayshore Shopping Centre
- Westcliffe Park, Arnold Park



-  Chartwell Stillwater Creek
-  Restaurant
-  Grocery store
-  Liquor store
-  Bank
-  Medical clinic
-  Pharmacy
-  Post office
-  Library
-  Hospital
-  Place of worship
-  Park
-  Community centre





Winding walking paths, a library, solarium and tuck shop, exercise rooms—at our residence, you can engage in your interests and hobbies in modern amenities, or join us for our many programs, social events and outings we schedule monthly. From classic movies to game tournaments to adult education opportunities, there's always something entertaining going on at our home.

DINING*

Offering delicious and nutritious daily menus, our food service team exceeds expectations by crafting meals that cater to the tastes, preferences and dietary needs of residents, preparing everything from home-style favourites to themed meals to scrumptious desserts.



Three (3) meals included



Diabetic diet



Private dining room



Central dining room



À la carte menu



Bar/lounge













Gluten free diet

*Fee-for-service may apply














ACTIVITIES*

To further enhance residents' retirement living experience, many of our most popular programs, activities and social events take place on-site in our modern amenities, where they can pursue hobbies, socialize with friends, or simply sit back and relax.

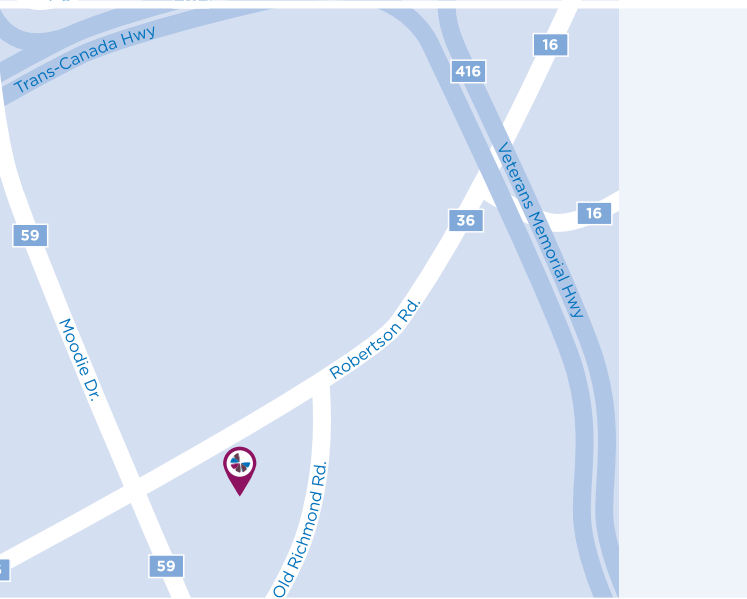
-  Book club
-  Gardening
-  Social and recreational programs
-  Day trips
-  Library
-  Residents computer
-  Piano
-  Wi-Fi
-  TV room
-  Exercise/fitness facilities

WELLNESS SERVICES*

In addition to convenient household services, our residents can take advantage of a host of personal support services geared toward helping them maintain their health and independence with the peace of mind they deserve.

-  24hr medical attention
-  Recreational therapy
-  Oxygen services
-  Hair salon
-  Assistance with daily routine
-  Visiting dentist
-  On-call physician
-  Medication supervision/administration
-  Wheelchairs accessible
-  Pharmacy
-  Individual service plans

*Fee-for-service may apply



NOTES

CHARTWELL STILLWATER CREEK
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