



**CHARTwell**  
**HILLDALE**  
retirement residence



making people's lives **BETTER**



“Experience a charming, intimate retirement lifestyle centred on support and socialization in **Thunder Bay.**”

## PART OF OUR LOCAL COMMUNITY SINCE 2007

Chartwell Hilldale Retirement Residence is in Thunder Bay's Port Arthur district, a country setting defined by birch trees and lovely views of the Sleeping Giant and Mount Baldy, yet also steps away from the city. Nearby you'll find big box stores, shopping centres, coffee shops and many places of worship.

We offer a variety of independent supportive living services, such as three delicious and nutritious

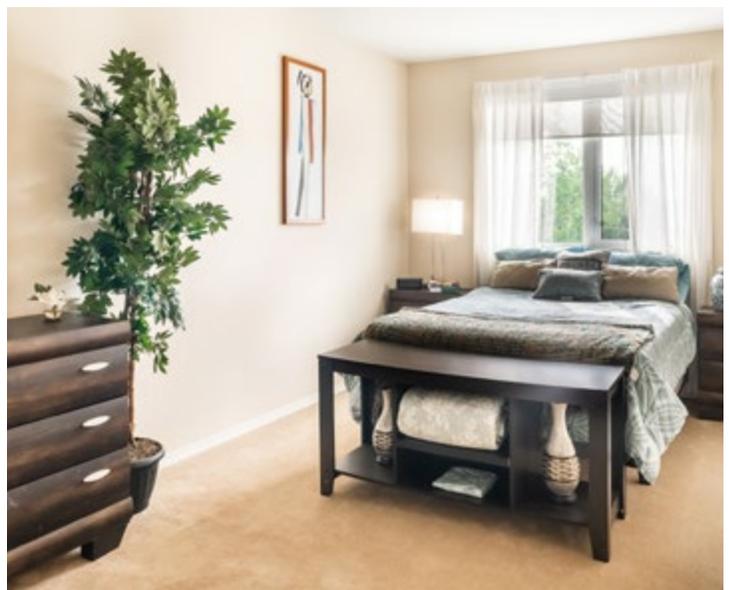
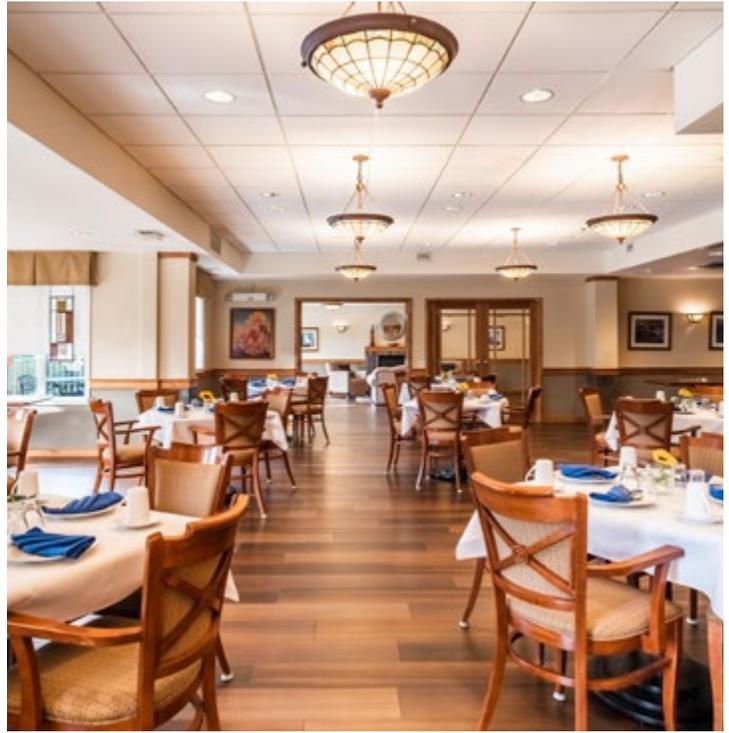
meals in our dining room, access to a 24-hour snack bar, weekly housekeeping and laundry and round-the-clock emergency response services. Personal support options you may elect to take advantage of include medication management, assistance with your morning and evening routine and much more—services designed to empower you to enjoy the active, worry-free retirement lifestyle you deserve.

## OUR UNIQUE LIFESTYLE

When you aren't relaxing in your spacious studio, one- or two-bedroom suite—equipped with a kitchenette—you may find yourself in one of our colourful and tastefully-decorated common areas. At our home, you'll find an indoor water feature, a games, crafts and billiards room, library, sauna, country kitchen, bright sunrooms and lounges and an abundance of outdoor space, including a deck, gazebo and lovely gardens.

Our Lifestyle & Program Manager keeps residents feeling engaged and entertained through an activity calendar full of exercise classes, movie nights, live entertainment and scheduled outings, while our Food and Beverage team caters to residents' appetites through chef-designed menus incorporating home-style favourites, delectable desserts and themed meals reflecting your tastes and preferences.

**Explore our Living at Chartwell brochure to learn more about dining, lifestyle activities and personalized care services.**



# FACTS & FEATURES



## IN THE NEIGHBOURHOOD

- Grocery stores
- Pharmacies
- Shopping
- Restaurants
- Medical clinics
- Banks
- Transit
- Coffee shops
- Places of worship

## ACTIVITIES

- LiveNow program
- Educational activities
- Cultural activities
- Social and recreational programs
- Day trips\*
- Exercise
- Live entertainment
- Crafts
- Gardening

## DINING SERVICES

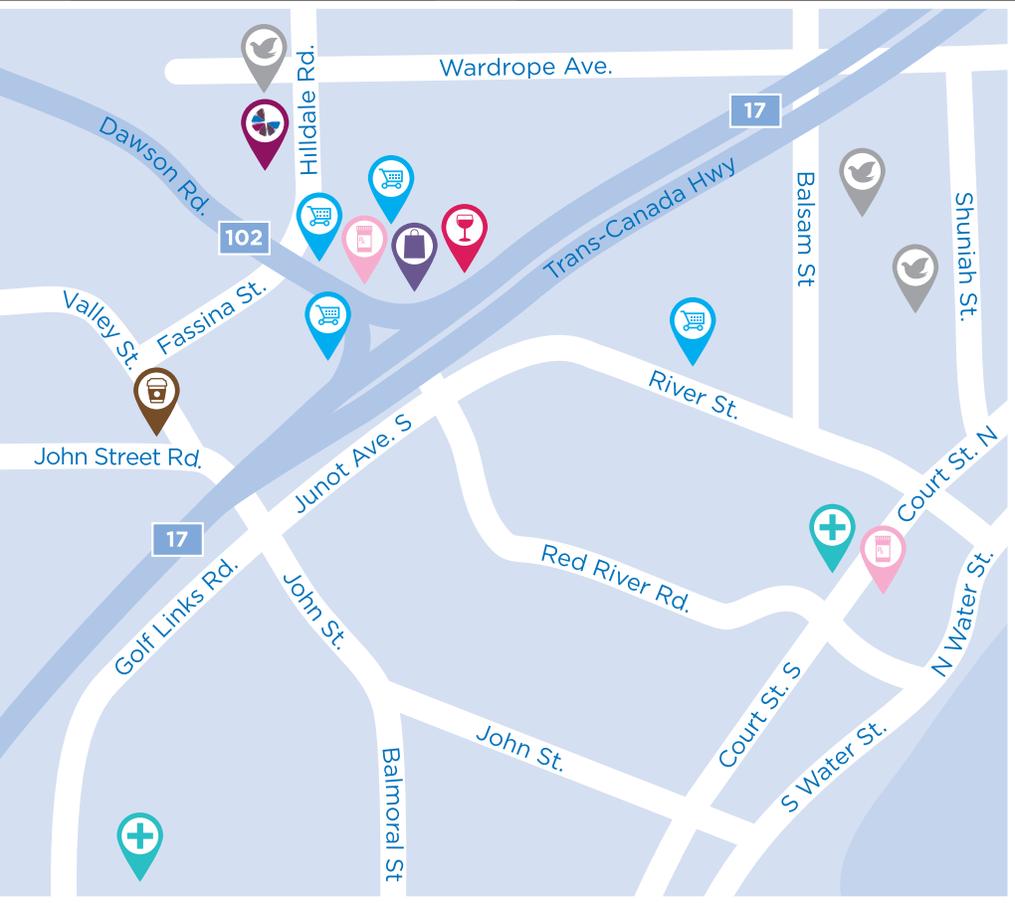
- Diversified menu
- À la carte menu
- Meals for guests\*
- Continental breakfast
- Themed dinners\*
- Family dinner\*

## CARE SERVICES

- Medication supervision/administration\*
- Audiology/hearing clinic\*
- On-site Nurse
- CareRx Pharmacy
- Companionship\*
- Care Assist Program
- Assistance with activities of daily living\*
- Blood pressure clinic\*
- Virtual Physician Program

## AMENITIES

- Dining room
- Private dining room
- Bistro/cafe
- Country kitchen
- Outdoor greenspace
- TV room
- Multi-functional room
- Library
- Lounge



-  Grocery store
-  Coffee shop
-  Shopping
-  Liquor store
-  Medical clinic
-  Pharmacy
-  Place of worship

**CHARTWELL HILLDALE**

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