

Sample Activity Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



LIVE NOW
by **CHARTWELL**

Chartwell Westmount on William Retirement Residence

**599 William Avenue
Sudbury, Ontario
705-885-9641**

01		02											
10:00	Exercise												
10:30	Short Stories	10:00	Walking Club										
11:00	Wheel of Fortune												
2:00	LPM Resident Meeting	11:00	Shuffle Board										
	Calendar Explanation												
3:00	Ice Cream Bar	1:30	Bel Canto Chorus										
	in the Lobby												
6:30	Euchre	6:30	Play On										
03		04		05		06		07		08		09	
		10:00	Exercise	10:00	Stretch and Relaxation					10:00	Exercise		
10:00	Communion	10:30	Java Music Club	10:30	Rhythm n' Moves	10:00	Exercise	9:00	Tim Horton's Social	10:30	Short Stories	10:00	Walking Club
		11:15	What's in the News	11:00	Shuffle Board	10:30	Tuck Cart	10:30	Exercise	11:00	Wheel of Fortune		
1:30	Sing-a-long	1:00	Bridge Club	2:00	Anglican Service	10:45	FitMinds	11:00	Yahtzee	1:30	Gardening	11:00	Knitting/Crocheting
		2:30	Mini manicures	2:00	Errands	1:30	Entertainment with	1:30	Bingo	3:00	Westmount Downs		
4:00	Interfaith	3:00	Popcorn & Trivia	3:00	H.O.P.E.		with Victor John	3:00	Sing-a-long	3:00	Tea, Coffee & Treats	1:30	Fresh Air Social
		3:00	Zen Coloring			3:00	Billiards	3:00	Walking Club	6:30	Euchre		Popsicles
6:30	Billiards	6:30	Euchre	6:30	Euchre	6:30	Euchre	6:30	Euchre			6:30	Play On
10		11		12		13		14		15		16	
		10:00	Exercise	10:00	Stretch and Relaxation			9:00	Tim Horton's Social	10:00	Exercise		
10:00	Knitting/Crocheting	10:30	Java Music Club	10:30	Rhythm n' Moves	10:00	Exercise	10:30	Exercise	10:30	Short Stories	10:00	Walking Club
		11:15	What's in the News	11:00	Shuffle Board	10:30	Tuck Cart	11:00	Yahtzee	11:00	Wheel of Fortune		
1:30	Shuffle Board	1:00	Bridge Club	11:30	Lunch Outing	10:45	FitMinds	1:30	Bingo	12:00	Father's Day BBQ	10:30	Picture Sharing
		1:30	Mini manicures	2:00	Card making	1:30	Wine & Cheese Welcoming	3:00	Sing-a-long	2:00	Father's Day Casino		
4:00	Interfaith	2:00	Zen Coloring	2:30	Come Make a Wish	1:30	Mall Outing	3:00	Lemonade Social		Celebration	1:30	Knitting/Crocheting
		3:00	Price is Right	3:00	H.O.P.E.	3:00	Westmount Downs	6:30	Euchre		Invite Family and Friends		
6:30	Reminiscing	6:30	Euchre	6:30	Euchre	6:30	Euchre			6:30	Euchre	6:30	Play On
17 FATHER'S DAY		18		19		20		21		22		23	
		10:00	Exercise	10:00	Stretch and Relaxation	10:00	Exercise	9:00	Tim Horton's Social	10:00	Exercise		
10:00	Communion	10:30	Java Music Club	10:30	Rhythm n' Moves	10:30	Tuck Cart	10:30	Catholic Mass	10:30	Short Stories	10:00	Walking Club
		11:00	What's in the News	11:00	Shuffle Board	10:45	FitMinds	11:00	Yahtzee	11:00	Wheel of Fortune		
2:00	Father's Day Reminiscing	1:00	Bridge Club	1:30	Legion Outing	12:00	Take in Lunch	1:30	Bingo	2:00	Travel Log	11:00	Knitting/Crocheting
	& Treats	1:30	Mini manicures	1:30	Code Yellow information	1:30	Beach Party with	3:00	Sing-a-long	3:00	Gardening		
4:00	Interfaith	1:30	Mall Outing	3:00	H.O.P.E.		Just Dave	3:00	Lemonade Social	3:00	Walking Club	1:30	Fresh Air Social
		2:30	Zen Coloring			3:00	Westmount Downs	6:30	Euchre	6:30	Euchre		Popsicles
6:30	Yahtzee	6:30	Euchre	6:30	Euchre	6:30	Euchre					6:30	Westmount Downs
24		25		26		27		28		29		30	
		10:00	Exercise	10:00	Stretch and Relaxation	10:00	Errands Morning	9:00	Tim Horton's Social	10:00	Dollar Store Outing		
10:00	Knitting/Crocheting	10:30	Java Music Club	10:30	Rhythm n' Moves	10:00	Exercise	10:30	Catholic Mass	10:00	Exercise	10:00	Walking Club
		11:00	What's in the News	11:00	Shuffle Board	10:30	Tuck Cart	11:00	Yahtzee	10:30	Short Stories		
1:30	Sing-a-long	1:00	Bridge Club	1:30	Wal-Mart Southend	10:45	FitMinds	1:30	Bingo	11:00	Wheel of Fortune	11:00	Knitting/Crocheting
		1:30	Mini manicures	2:00	Blood Pressure Clinic	2:00	Food Meeting	3:00	Walking Club	2:00	Matinee Movie & Popcorn		
4:00	Interfaith	2:00	Billiards	3:00	H.O.P.E.	3:00	Westmount Downs	3:00	Sing-a-long		Featuring Grace is Gone	1:30	Shuffle Board
		3:00	Creative Hand					6:30	Euchre	3:00	Walking Club		
6:30	Popcorn & Movie Night	6:30	Euchre	6:30	Euchre	6:30	Euchre			6:30	Euchre	6:30	Play On