

Sample Activity Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



LIVE NOW
by **CHARTWELL**

Chartwell Stonehavan Retirement Residence

**70 Stonehaven Drive
Kanata, Ontario
613-663-2968**

01

9:15 Bingo
10:00 & 11:00 Exercise Classes
10:00 Crafts with Diane
10:30 Choir Practice
11:00 Hymn Sing
1:30 Hearing Aid Clinic
2:45 June Birthday Party
7:00 Euchre

02

10:00 Bingo
2:00 Bridge
2:00 Pegi plays Piano
3:00 Tea Time

03		04		05		06		07 Provincial Election		08		09	
		9:15	Bingo	9:30	Outing to Value Village	9:15	Devotions	9 til 9	Polling Station Hours	9:15	Bingo		
11:00	R.C. Communion	9:30	Shop at Walmart	9:45	Fresh Brewed Coffee	9:45	Rhythm 'N Moves	10:30	& 11:00 Exercise Classes	10:00	Crafts with Diane	10:00	Bingo
		10:30	& 11:00 Exercise Classes	10:30	Art Group	10:00	Ottawa Visiting Library	11:00	Fun with Words	10:30	& 11:00 Exercise Classes	11:00	"Home Sweet Home"
2:00	Stonehaven Cinema	11:00	Bean Bag Spelling	10:30	& 11:00 Exercise Classes	10:30	Bingo	1:20	Church Outing	10:30	Choir Practice		Travelling Shop
		2:00	"Top of the Hill" Choir	11:00	"Buzz" Word	11:00	Lunch at Antrim	2:00	FitMinds	1:30	Zumba Class	2:00	Bridge
2:00	Bridge	3:00	Tea Time	2:00	Stanley Frank performs	2:00	Prof Cammy - History	3:00	Tea Time	2:45	Pam & Doug perform	2:00	Sandbags
		3:45	Darts	3:45	Java Music Club	3:45	Java Music Club	4:00	Reading of Newsletter		for Social Time	3:00	Tea Time
3:00	Tea Time	6:45	Scrabble	7:00	Chess Club	7:00	Euchre	7:00	Bridge	7:00	Euchre		
10		11		12		13 Men's Lunch		14		15		16	
		9:15	Bingo	8:30	Breakfast at Miller's Oven	9:30	Devotions	9:30	Reading with Students	9:15	Bingo		
11:00	R.C. Communion	9:30	Shop at Hazeldean	10:30	& 11:00 Exercise Classes	10:00	Rhythm n' Moves	10:30	& 11:00 Exercise Classes	10:00	& 11:00 Exercise Classes	10:00	Eye Glasses Cleaning
		10:30	& 11:00 Exercise Classes	10:30	Dear Abby/You Be Judge	12:00	Men's Lunch with Lauren Hall	11:00	Fun with Words	10:30	Crafts with Diane	2:00	Bridge
2:00	Stonehaven Cinema	11:00	Bean Bag Spelling	2:00	"Price Is Right"			1:20	Church Outing	11:00	Choir Practice	2:00	"Circle of Blessing"
		1:45	Mystery Tour	3:00	Tea Time	1:00	Tai Chi	2:00	FitMinds	11:00	Hymn Sing		Christian Music Ministry
2:00	Bocce Ball Tournament	2:00	Jeopardy!	3:45	Pictionary	2:15	Bingo	3:00	Tea Time	2:45	Noel performs	3:00	Tea Time
		3:30	Darts	7:00	Chess Club	3:45	Java Music Club	4:00	Activity Meeting		for Social Time		
3:00	Tea Time	6:45	Scrabble	7:00	Bailey's & Coffee	3:45	Knitting with Mary	7:00	Bridge	7:00	Euchre		
17		18		19		20 Wrap up Lunch for Students		21		22		23	
11:00	R.C. Communion	9:30	Shopping at Carlingwood	9:30	"Minute to Win It"	9:45	Ecumenical Communion	9:30	Devotions	9:15	Bingo	10:00	Bingo
		9:45	Coffee & Conversation	10:30	& 11:00 Exercise Classes	10:00	Blood Pressure & Weight	10:00	Shopper's/Hazeldean	10:00	Crafts with Diane		
2:00	Bridge	10:30	& 11:00 Exercise Classes	11:00	Jewellery from Heart Sale	11:30	Reading with Students	10:30	& 11:00 Exercise Classes	10:00	Choir Practice	2:00	Jack Schoular performs
		11:00	Word Origins	11:00	Bean Bag Spelling		Wrap up Lunch	1:20	Church Outing	10:30	& 11:00 Exercise Classes		
2:00	Stonehaven Cinema	2:00	"Golden Oldies" Perform	1:45	Mystery Tour	2:00	Jean-Guy Plays Piano	2:00	FitMinds	11:00	Fish & Chips at Legion	2:00	Bridge
		3:00	Tea Time	3:45	Pictionary	3:45	Java Music Club	3:00	Tea Time	1:30	Zumba Class		
3:00	Lemonade in Courtyard	3:30	Bingo	3:00	Tea Time	6:30	"Brain Teasers"	7:00	Men's Social Evening	2:45	Robin Averill - Social Time	3:00	Tea Time
		6:45	Scrabble	7:00	Chess Club		see Karen at Desk			7:00	Euchre		
24		25 Teddy Bear Picnic		26		27 Men's Breakfast at 8am		28		29 Canada Day BBQ		30	
11:00	R.C. Communion	9:15	Shop at Sobey's	9:30	Bingo	9:30	Town Hall Meeting	9:30	Devotions		Wear Red Day!	10:00	Bingo
		9:30	Giant Crossword Puzzle	10:30	& 11:00 Exercise Classes	10:30	Roman Catholic Mass	10:00	Inspirational Stories	9:15	Bingo		
2:00	Bridge	10:30	& 11:00 Exercise Classes	11:00	Fun with Words	1:00	Tai Chi	10:30	& 11:00 Exercise Classes	10:30	& 11:00 Exercise Classes	2:00	Bridge
		11:00	Bean Bag Spelling	1:45	Mystery Tour	3:00	Professor Cammy Visits	2:00	FitMinds	11:30	Canada Day BBQ		
2:00	Mary-Ellen performs	2:00	Teddy Bear Picnic	2:00	Bocce Ball Tournament	3:45	Java Music Club	3:45	Java Music Club		Dai Bassett Performs	2:00	Bocce Ball Tournament
		3:00	Tea Time	3:00	Moirra Plays Piano	3:45	Yak and Yarn	3:00	Book Club Meets	3:00	Lemonade in Courtyard		
3:00	Tea Time	3:45	Classical Music	4:00	Darts	4:45	Chinese Take-In	3:30	"Writing for Fun"	7:00	Euchre	3:00	Ice Cream Cones Served
		6:45	Scrabble	7:00	Chess Club	6:30	Pictionary	7:00	Bridge				