

Sample Activity Calendar



LIVE NOW

by CHARTWELL

Chartwell Robert Speck Retirement Residence

100 Robert Speck Parkway

Mississauga, Ontario

289-633-2153

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
										01	Vendor, 10-3		02
										10:00	Therapeutic Painting	10:00	Catholic Communion
										10:30	Java Music Club	10:30	Exercise on the Screen
										1:15	Movement Matters	1:30	Pet Therapy with Coco
										2:00	Pump It Up	1:30	Bridge
										2:30	Visit from Liberal Party	2:00	Movie Matinee
										3:00	Live Entertainment	3:00	Dollar BINGO
										7:00	Movie Night	4:00	Wii: Jeopardy
										7:00	Euchre	7:00	Concert on the Big Screen
03		04		05		06		07		08		09	
				Food Committee Meeting @ 2pm		D-Day		Ontario Election Day, 9-5		Tuck Shop, 1:30pm			
9:30	Flower Scavenger Hunt	9:00	Osteoporosis Basics	9:15	Tai Chi	10:00	Exercise Class	9:30	Tai Chi	10:00	Therapeutic Painting	10:00	Catholic Communion
10:00	Exercise Class	10:00	Exercise Class	10:00	Yoga	10:30	Jam Making & Canning	10:00	Morning Jokers Coffee	10:30	Java Music Club	10:30	Exercise on the Screen
10:30	Televised Mass	10:30	News & Views	10:30	Rosary	1:00	Osteoporosis Basics	11:00	Rhythm n' Moves	1:15	Movement Matters	1:30	Pet Therapy with Coco
2:00	Knitting Nook	2:00	Dollar BINGO	11:00	Falls Prevention	1:30	Bus Outing: Walmart	1:30	Van Outing: Food Basics	2:00	Pump It Up	1:30	Bridge
2:00	Documentary	2:00	Scrabble	11:00	Zumba	2:00	Exercise Class	2:00	Gardening Club	3:00	Falls Prevention	2:00	Movie Matinee
3:00	Live Entertainment and Happy Hour	3:30	Ice Cream Social	2:00	LadiesManiParty- Sign Up	3:00	Resident's Meeting	3:00	Washer Toss	3:00	Live Entertainment	3:00	Dollar BINGO
		4:00	Charades	3:00	Bocce Ball	4:00	Darts	3:45	FitMinds	7:00	Movie Night	4:00	Wii: Jeopardy
7:00	Movie Night	6:30	Movie Night	7:00	Euchre	7:00	Bridge	7:00	Dollar BINGO	7:00	Euchre	7:00	Concert on the Big Screen
10		11		12		13		14		15		16	
		Vendor, 10-3		Book Club Meeting, 11am						Tuck Shop, 1:30pm			
9:30	Flower Scavenger Hunt	9:00	Osteoporosis Basics	9:15	Tai Chi	10:00	Exercise Class	9:30	Tai Chi	10:00	Therapeutic Painting	10:00	Catholic Communion
10:00	Exercise Class	10:00	Exercise Class	10:00	Yoga	10:00	Bus Trip: Square One	10:00	News & Views	10:30	Java Music Club	10:30	Exercise on the Screen
10:30	Televised Mass	10:30	Van Trip: Woodbine Casino	10:30	Rosary	1:00	Osteoporosis Basics	11:00	Rhythm n' Moves	1:15	Movement Matters	1:30	Pet Therapy with Coco
2:00	Knitting Nook	2:00	Dollar BINGO	11:00	Falls Prevention	2:00	Exercise Class	1:30	Van Trip: Dixie Outlet Mall	2:00	Pump It Up	1:30	Bridge
2:00	Travelogue	2:00	Scrabble	12:00	Van Trip: Centennial Park	2:00	Baking: Apricot Cake	2:00	Documentary	3:00	Falls Prevention	2:00	Movie Matinee
3:00	Social Hour on the Screen	3:30	Cup Game- Win a Prize!	2:30	Lemonade & Games	3:00	Darts	3:00	BBQ Social	3:00	Live Entertainment	3:00	Dollar BINGO
7:00	Movie Night	4:00	Charades	3:00	Bocce Ball	4:00	Wii: Family Feud	3:45	FitMinds	7:00	Movie Night	4:00	Wii: Jeopardy
		6:30	Campfire	7:00	Euchre	7:00	Bridge	7:00	Dollar BINGO	7:00	Euchre	7:00	Concert on the Big Screen
17		18		19		20		21		22		23	
FATHER'S DAY		Scrabble @ 2pm		Vendor, 10-3		Resident Council @ 2pm		First Day of Summer		Tuck Shop, 1:30pm		Pet Therapy w/ Coco, 1:30pm	
9:30	Flower Scavenger Hunt	9:00	Osteoporosis Basics	9:15	Tai Chi	10:30	Jam Making & Canning	9:30	Tai Chi	10:00	Therapeutic Painting	10:00	Catholic Communion
10:00	Exercise Class	10:00	Exercise Class	10:00	Yoga	1:00	Osteoporosis Basics	10:00	Morning Jokers Coffee	10:30	Java Music Club	10:30	Exercise on the Screen
10:30	Televised Mass	10:30	News & Views	10:30	Rosary	1:30	Bus Trip: Farmers Market	11:00	Rhythm n' Moves	1:15	Movement Matters	1:30	Bridge
2:00	Knitting Nook	1:15	Van Trip: Seniors Youth Play	11:00	Falls Prevention & Zumba	2:00	Exercise Class	12:00	Van Trip: Lunch @ Mandarin	2:00	Pump It Up	2:00	Informative Workshop:
2:30	Root Beer Social	2:00	Dollar BINGO	2:00	LadiesManiParty- Sign Up	2:00	Bible Study Group	2:00	Gardening Club	3:00	Falls Prevention		Alzheimer's Education
3:00	Live Entertainment	3:00	Ice Cream Social	3:00	Moment That Matter's Book Launch "Dare to Dream"	3:00	Darts	2:30	Summer Crafting	3:00	Live Entertainment	3:00	Dollar BINGO
7:00	Movie Night	4:00	Charades	7:00	Euchre	4:00	Wii: Family Feud	3:45	FitMinds	7:00	Movie Night	4:00	Wii: Jeopardy
		6:30	Campfire	7:00	Euchre	7:00	Bridge	7:00	Dollar BINGO	7:00	Euchre	5:00	Dinner Concert (Acorn Quartet)
24		25		26		27		28		29		30	
				Chartwell Market Day, 10-3						Tuck Shop, 1:30pm			
9:30	Flower Scavenger Hunt	9:00	Osteoporosis Basics	9:15	Tai Chi	10:00	Guided Meditation	9:30	Tai Chi	10:00	Therapeutic Painting	10:00	Catholic Communion
10:00	Exercise Class	10:00	Exercise Class	10:00	Yoga	10:30	Bite-size Cheesecakes	10:00	News & Views	10:30	Java Music Club	10:30	Exercise on the Screen
10:30	Televised Mass	10:00	Van Trip: Dollarama	10:30	Rosary	1:00	Osteoporosis Basics	11:00	Rhythm n' Moves	1:15	Movement Matters	1:30	Pet Therapy with Coco
2:00	Knitting Nook	2:00	Dollar BINGO	11:00	Falls Prevention	1:30	Bus Trip: Cloverdale Mall	2:00	Dollar BINGO	2:00	Pump It Up	1:30	Bridge
2:00	Travelogue	2:00	Scrabble	2:00	Poker Afternoon	2:00	Exercise Class	3:00	Hearing Solutions Seminar	3:00	Birthday Celebration	2:00	Movie Matinee
3:00	Live Entertainment	3:00	Summer Tea Social	3:00	Bocce Ball	2:30	Chef Demonstration	3:45	FitMinds		w/ Live Entertainment	3:00	Dollar BINGO
	& Happy Hour	4:00	Charades	4:00	Wii: Wheel of Fortune	4:00	Darts	7:00	Historian Guest Speaker:	7:00	Movie Night	4:00	Wii: Jeopardy
7:00	Movie Night	6:30	Campfire	7:00	Euchre	7:00	Bridge		Rogues & Rebels	7:00	Euchre	7:00	Concert on the Big Screen