

Sample Activity Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



LIVE NOW
by **CHARTWELL**

Chartwell Ridgepointe Retirement Residence

1789 Primrose Court
Kamloops, British Columbia
778-376-2002

01		02	
9:30	Exercise Video	9:30	Skip-Bo
10:30	Food Committee Meeting	10:00	Cribbage
3:00	Happy Hour	10:00	Men's Pool
7:00	Theatre Room Movie	2:00	Bingo
	Shirley Temple 100 mins		

03		04		05		06		07		08		09	
9:30	Skip-Bo Players	9:30	Body & Mind Fitness	9:30	Rhythm n' Moves	9:30	Yoga Relaxation	9:30	Rhythm n' Moves	9:30	Seated Exercise	9:30	Skip-Bo Players
10:30	Wii Table Tennis	1:30	Literature Program	10:15	Outing Walmart or Aberdeen	10:45	Bible Study	10:30	Sing Along with	10:30	Boche Ball in the Garden	10:00	Cribbage Players
2:00	Sunday Matinee		with Velva	1:30	Bridge Players	2:15	Social Dusty Boots		Marion Owens		Courtyard & Popsicles	10:00	Men's Pool
	The Golden Girls	2:00	Java Music Club	2:00	Mahjongs Players	4:30	Outing Duffy's Pub	1:30	Afternoon Bingo	1:15	Church Service Pastor Harry	2:00	Afternoon Bingo
	Season 7	7:00	Evening Bingo	3:00	Agnes the Seamstress		Cost: Purchase your meal	2:00	Mountain Medical-Library	3:00	Happy Hour		
	3 Episodes			6:30	Crafters Social H.O.P.E		(Wing Night \$6.00/pound)	2:30	FitMinds	7:00	Theatre Room Movie		
7:00	Hymn Sing with Alma & Ray					7:00	Documentary				Julie & Julia 123 mins		
							Planet Earth-From Pole to Pole						
10		11		12		13		14		15 TACKY TOURIST		16	
9:30	Skip-Bo Players	9:30	Body & Mind Fitness	9:30	Rhythm n' Moves	9:30	Yoga Relaxation	9:30	Rhythm n' Moves	9:30	Beach Party &	9:30	Skip-Bo Players
10:30	Wii Table Tennis	10:15	Outing Walmart or Aberdeen	1:30	Bridge Players	10:45	Bible Study	10:00	Kleo's Pharmacy		Strawberry,	10:00	Men's Pool
2:00	Sunday Matinee	1:30	Literature Program	1:30	We Care Blood Pressure	2:15	Social Stringbuster	10:30	FitMinds		Lemonade Mixers Plus	11:00	Honoring Dad's with a Crib
	The Golden Girls		with Velva	2:00	Mahjongs Players	7:00	Musical on the Big Screen		& Lemonade		Games in Garden Courtyard		Tournament, Invite Your
	Season 7	2:00	New Resident Tea	3:00	Agnes the Seamstress		Phantom of the Opera		in the Garden Courtyard	2:00	Kamloops Hearing Aid		Family; Enjoy a Beer or
	3 Episodes	3:00	Musical Entertainment	6:30	Crafters Social H.O.P.E		141 mins	1:30	Afternoon Bingo	3:00	Happy Hour		a Rootbeer, prizes
7:00	Hymn Sing with Alma & Ray		Just for Fun Dancing	6:30	Music-Around the World			2:00	Mountain Medical-Library	7:00	Theatre Room Movie		being awarded
		7:00	Evening Bingo					6:30	Painting with Michelle		The Dawn Rider 55 mins	2:00	Afternoon Bingo
17 FATHER'S DAY		18		19		20		21		22 GARDEN PARTY		23	
9:30	Skip-Bo Players	9:30	Body & Mind Fitness	9:30	Rhythm n' Moves	9:30	Yoga Relaxation	9:30	Seated Exercise	9:30	Seated Exercise	9:30	Skip-Bo Players
10:30	Wii Table Tennis	10:30	Outing Harper Trail	10:00	Haynes on Massage	10:45	Bible Study	10:30	FitMinds	10:30	Food Committee Meeting	10:00	Cribbage Players
2:00	Sunday Matinee		Winery & Picnic till 2:30pm	10:15	Outing Walmart or Aberdeen	2:15	Social Abe Zacharias		& Ice Tea in the Garden	10:30	Outing Save-On-Foods	10:00	Men's Pool
	The Golden Girls	1:30	Literature Program	1:30	Bridge Players	7:00	Documentary		Courtyard		or Fabricland	2:00	Afternoon Bingo
	Season 7		with Velva	2:00	Mahjongs Players		Planet Earth-Seasonal Forests	1:30	Afternoon Bingo	1:15	Church Service Pastor Harry		
	3 Episodes	7:00	Evening Bingo	3:00	Agnes the Seamstress					2:00	Garden Party with Harpist		
7:00	Hymn Sing with Alma & Ray			6:30	Crafters Social H.O.P.E					7:00	Theatre Room Movie		
											Laurel & Hardy-Utopia 83 mins		
24		25		26		27		28		29		30	
9:30	Skip-Bo Players	9:30	Body & Mind Fitness	9:30	Outing Kangaroo Farm	9:30	Yoga Relaxation	9:30	Seated Exercise	9:30	Seated Exercise	9:30	Skip-Bo Players
10:30	Wii Table Tennis	10:15	Outing Walmart or Aberdeen		in Winfield \$10.00/person	10:45	Bible Study	10:30	FitMinds	9:30	Cribbage	10:00	Crafters Social
2:00	Harold Ross Blue Grass	1:30	Literature Program		& cost of Wendy's Lunch	2:00	Birthday Celebration		& Pink Lemonade in the	10:00	Best Foot Forward		Scrapbooking
	Gospel Singing		with Velva	1:30	Bridge Players	2:15	Social Just For Fun		Garden Courtyard		Schedule your appointment	10:00	Men's Pool
7:00	Hymn Sing with Alma & Ray	2:00	Java Music Club	2:00	Mahjongs Players	7:00	Musical on the Big Screen	1:30	Afternoon Bingo		with the reception desk	2:00	Afternoon Bingo
		7:00	Evening Bingo	6:30	Crafters Social H.O.P.E		Celtic Tide	6:30	Painting with Michelle	3:00	Happy Hour		
										7:00	Theatre Room Movie		
											Riders of Destiny 55 mins		