

## Sample Activity Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**LIVE NOW**  
by **CHARTwell**

# Chartwell Retirement Residences

## 1-855-461-0685

01		02 <b>Weekend Bus Outing</b>	
10:30	Gentle Exercise Front Patio	10:30	Exercise Class
1:30	Presentation "The Aztecs"		~ Osteo Fit
		1:00	Bus Outing to:
2:00	Companion Dog Visits		"Bursting with Broadway"
2:00	Darts Drop-in	1:30	Afternoon Matinee
3:00	Happy Hour		"The Best of Me"
3:15	"People Scavenger Hunt"	2:00	Card Lovers Meetup
7:00	Bridge Players	3:30	Billiards/Darts Drop-in

03		04		05		06		07		08 <b>Welcome to Chartwell</b>		09	
						10:00	Meditation			10:30	Gentle Exercise Front Patio	10:00	Weekend Scavenger Hunt
10:00	Coffee & Chat Time	10:00	Rhythm n' Moves	10:00	News, Views & Coffee	10:30	Chair Yoga	10:00	Bus Trip to Mall	1:00	Welcome to Chartwell		~ Pick up at Front Desk
1:00	Weekly Trivia pick-up	1:30	Knitter's Circle	1:30	Health Clinic Services	1:30	"Getting to Know You"	1:15	Tai Chi		~ Resident Orientation	10:30	Exercise Class
2:00	Chess Players Drop-in	2:00	Bridge Players	2:00	Companion Dog Visits	2:30	Afternoon Entertainment	1:30	Visit with Timbit	2:00	Armchair Travel Show		~ Osteo Fit
3:00	Classical Music Orchestra	2:30	Puzzlers Drop-in	2:00	Yahtzee				~ A real live mini horse		"Touring Hawaii"	1:30	Afternoon Matinee
	~ On the BIG screen	3:00	FitMinds activities			3:45	Discussion Group	3:30	Java Music Club	3:00	Happy Hour		"Hello, My name is Doris"
6:30	Weekend Movie	3:30	Magnetic Darts	3:30	Crazy 8's Card Game	6:30	BIG Movie night		~ Ice Cream & Cold Drinks!			2:00	Card Lovers Meetup
	"Hello, My name is Doris"	7:00	Scrabble Players	7:00	Bingo		"Hello, My name is Doris"	7:00	Bingo	7:00	Bridge Players	3:30	Billiards/Darts Drop-in
10		11 <b>Techie Help Presentation</b>		12		13		14 <b>Fire Safety Training</b>		15		16	
						10:00	Meditation			10:30	Gentle Exercise Front Patio	10:30	Exercise Class
10:00	Coffee & Chat Time	10:00	Rhythm n' Moves	10:00	Today in History	10:30	Chair Yoga	10:00	Bus Trip to Mall	1:00	Armchair Travel Show		~ Osteo Fit
1:00	Weekly Trivia pick-up	11:00	Mary Kay in the Lobby	1:30	Chip Tasting!	11:00	Boca Raton Jewellery	1:15	Tai Chi		"Touring Australia"	1:30	Afternoon Matinee
2:00	Chess Players Drop-in	1:30	TECH Help Presentation	2:00	Companion Dog Visits	2:30	Afternoon Entertainment	2:00	Fire Safety Training	2:00	Companion Dog Visits		"The Tourist"
3:00	Classical Music Orchestra		~ Access News Online	2:00	Cribbage anyone?				~ For anyone who missed it	2:00	Darts Drop-in	2:00	Keeping Cool!
	~ On the BIG screen	2:00	Bridge Players	2:30	"Who Am I ?" Game	3:45	Discussion Group	3:30	Java Music Club	3:00	Happy Hour		~ Ice Cream at the Bar
6:30	Weekend Movie	3:00	FitMinds activities	3:30	Magnetic Darts	6:30	BIG Movie night		~ Ice Cream & Cold Drinks!			2:00	Card Lovers Meetup
	"The Tourist"	7:00	Scrabble Players	7:00	Bingo		"The Tourist"	7:00	Bingo	7:00	Bridge Players	3:30	Billiards/Darts Drop-in
17 <b>FATHER'S DAY</b>		18		19 <b>Picnic Bus Outing</b>		20		21 <b>Summer Kick Off Party</b>		22 <b>Town Hall with GM</b>		23	
10:00	Coffee & Chat Time					10:00	Meditation			10:30	Gentle Exercise Front Patio	10:00	Weekend Scavenger Hunt
1:00	Weekly Trivia pick-up	10:00	Rhythm n' Moves	10:00	News, Views & Coffee	10:30	Chair Yoga	10:00	Bus Trip to Mall	1:00	Armchair Travel Show		~ Pick up at Front Desk
2:30	Afternoon Entertainment	1:30	TECH Help Presentation	11:00	Lunch Bus Outing:	1:30	Mobile Library in Lobby	1:15	Tai Chi		"Touring Italy"	10:30	Exercise Class
			~ Facebook & Twitter		"Picnic & Walkabout"	2:30	Afternoon Entertainment	2:30	Summer Kick Off Party!	2:00	Companion Dog Visits		~ Osteo Fit
3:00	Classical Music Orchestra	2:00	Bridge Players	2:00	Companion Dog Visits				~ Delicious Cool Treats	2:00	Town Hall with GM	1:30	Afternoon Matinee
	~ On the BIG screen	3:00	52-Card Bingo Game	2:30	Board Games anyone?	3:45	Discussion Group	3:00	Afternoon Entertainment	3:00	Happy Hour		"Tarzan & Jane"
6:30	Weekend Movie			3:30	Rummy Card Game	6:30	BIG Movie night		"Classic ROCK DUO"	3:15	"Let's Play Game"	2:00	Card Lovers Meetup
	"Tarzan & Jane"	7:00	Scrabble Players	7:00	Bingo		"Tarzan & Jane"	7:00	Bingo	7:00	Bridge Players	3:30	Billiards/Darts Drop-in
24		25 <b>Live Travel Show</b>		26		27		28 <b>Food for Thought Mtg.</b>		29		30	
						10:00	Meditation			10:30	Gentle Exercise Front Patio	10:30	Exercise Class
10:00	Coffee & Chat Time	10:00	Rhythm n' Moves	10:00	Today in History	10:30	Chair Yoga	10:00	Bus Trip to Capilano Mall	1:00	Armchair Travel Show		~ Osteo Fit
1:00	Weekly Trivia pick-up	1:30	FitMinds activities	11:00	Lunch Bus Outing:	11:00	Fashion Closet Clothing	1:15	Tai Chi with Wayne		"Touring France"	1:30	Afternoon Matinee
2:00	Chess Players Drop-in	2:00	Bridge Players		"Pantry Restaurant Patio"	2:30	Afternoon Entertainment	2:00	Food for Thought Meeting	2:00	Companion Dog Visits		"Fried Green Tomatoes"
3:00	Classical Music Orchestra	2:30	Travel Showcase	2:00	Companion Dog Visits				~ Hosted by Chef	2:00	Darts Drop-in	2:00	Keeping Cool!
	~ On the BIG screen		"A Visit to Thailand"	2:30	True & False Trivia	3:45	Discussion Group	3:30	Java Music Club	3:00	Happy Hour		~ Lemonade at the Bar
6:30	Weekend Movie			3:30	Blackjack Card Game	6:30	BIG Movie night		~ Ice Cream & Cold Drinks!	3:15	"Name that Tune Bingo"	2:00	Card Lovers Meetup
	"Fried Green Tomatoes"	7:00	Scrabble Players	7:00	Bingo		"Fried Green Tomatoes"	7:00	Bingo	7:00	Bridge Players	3:30	Billiards/Darts Drop-in