

Sample Activity Calendar

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SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
01 CANADA DAY		02		03		04		05		06		07	
				10:00	Bible Study	10:30	Brain Teasers	10:00	Catholic Mass	8:45	Outing: Lunch at the lake	10:00	Bible Study
				11:15	Group Exercises								
		1:00	Bingo			11:15	Group Exercises						
1:00	Strawberry Social With Special Entertainment By:Dennis Schilke			1:30	Tuck Cart	1:30	Horticulture Group: Planting Front Flower Beds	1:00	Shopping Trip Outing				
		6:30	Cards in The Alcove	2:00	Yoga	2:00	Anglican Service					1:30	Euchre In The Alcove
				3:15	Outing to Pembroke Library					4:00	Happy Hour	6:30	Bingo
				4:00	FitMinds	4:00	Bowling						
08		09		10 Foot Care		11		12		13		14	
		11:15	Group Exercises	10:00	Bible Study	10:30	Brain Teasers	10:00	Zion Evangelical Service			10:00	Bible Study
				11:15	Group Exercise			11:15	Group Exercise				
		1:00	Bingo			1:00	Pinewood Panthers Vs. Heritage Cats					11:00	Pinewood Annual Antique Car Show Live Music By : Lock Stock and Barrel
				1:00	Sing A Long			1:30	Musical Entertainment By: Kelsey Graveline				
		3:30	Rhythm n' Moves	2:00	Food Committee Meeting					2:00	Java Music Club		
6:30	Pembroke Bible Chapel Hymn Sing			3:00	Tuck Cart					4:00	Happy Hour		
				4:00	FitMinds								
15		16		17		18		19		20		21	
10:30	Communion	11:15	Group Exercises	10:00	Bible Study	10:30	Brain Teasers			11:15	Group Exercise	10:00	Bible Study
				11:15	Group Exercise			11:15	Group Exercise				
		1:00	Bingo	1:00	Tuck Cart	11:15	Group Exercise	12:00	Getting To Know You Luncheon	1:00	Slideshow Across Canada	1:30	Euchre In The Alcove
		3:30	Rhythm n' Moves	2:00	Yoga	1:30	Outing: Brums Dairy With Pembroke Heritage	1:45	Reading	2:30	Java Music Club		
		6:30	Monday Night Movie Resident's Choice	4:00	FitMinds			2:00	Shopping Trip: Pembroke Mall	4:00	Happy Hour	7:00	Red Hat Ladies Bingo
								2:30	You Be The Judge !				
22		23		24		25		26		27		28	
		11:15	Group Exercise	10:00	Bible Study	10:30	Brain Teasers	10:00	Presbyterian Service	11:15	Group Exercise	10:00	Bible Study
				11:15	Group Exercises	11:15	Group Exercise	11:15	Group Exercises				
		1:00	Bingo	1:00	Tuck Cart								
		3:30	Rhythm n' Moves	3:00	Manicures	12:00	Ambassadors Luncheon	12:00	Petting Zoo			1:30	Euchre In The Alcove
				4:00	FitMinds			1:00	Better N Nothin'	2:30	Java Music Club		
6:30	Pembroke Bible Chapel Hymn Sing	6:30	Monday Night Movie Resident's Choice			1:30	Musical Guest Peter Boczar	2:30	Gillan Rutz	4:00	Happy Hour	7:00	Red Hat Ladies Bingo
29		30		31		<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <p>Chartwell Pinewood Retirement Residence</p> <p>1022 Pembroke Street East Pembroke, Ontario</p> <p>613-775-5006</p> </div> <div style="text-align: center;">  </div> <div style="text-align: center;"> <p>LIVE NOW by CHARTwell</p> </div> </div>							
10:30	Communion	11:15	Group Exercise	9:30	Chair Yoga								
				9:30	Scenic Drive (All Residents)								
		1:00	Bingo	10:00	Knitting Club								
				10:30	Anglican Church								
		3:30	Rhythm n' Moves	1:30	Hand Massages & Relaxation								
				3:00	Ukulele Sing Along								
		6:30	Monday Night Movie Resident's Choice	3:00	Themed Happy Hour								
				7:15	Bridge /7:30 Bingo								