

## Sample Activity Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**LIVE NOW**  
by **CHARTWELL**

### Chartwell Oakville Retirement Residence

180 Oak Park Boulevard

Oakville, Ontario

289-644-2959

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
 <div style="text-align: center;"> <h3>Chartwell Oakville Retirement Residence</h3> <p>180 Oak Park Boulevard Oakville, Ontario 289-644-2959</p> </div>										<b>01</b>	9:30 Stretch & Relaxation	<b>02</b>	10:15 Word Search
										10:00 Holy Communion			
										10:00 Trip - Appointments	2:15	Bean Bag Toss	
										10:30 Crosswords			
										1:45 Trip - Burlington Mall	3:00	BINGO	
										2:00 Bean Bag Toss			
										3:00 Happy Hour with Levon Wall	7:00	Movie Night	
<b>03</b>	<b>04</b>	<b>05</b>	<b>06</b>	<b>Reflexology</b>	<b>07</b>	<b>Traditions Alive Vendor</b>	<b>08</b>	<b>Port of Call: Italy</b>	<b>09</b>				
11:00 Word Search	10:00 Trip - Walmart	10:00 Storytime with Kiddies	10:00 Yoga		9:00 Polling Station Opens	9:30 Stretch & Relaxation	10:15 Word Search						
	10:00 Fitness "A&B" Class	10:45 FitMinds	10:45 Java Music Club		10:00 Trip - Dollarama	10:00 Holy Communion							
2:00 Scrapbooking	10:30 Knitting Club	1:00 Fitness "A&B" Class	11:30 Captain's Lunch		10:15 Morning Meditation	10:30 Italian Lessons & Trivia	10:30 Walking Club						
	1:00 Walking Club with Kyla	1:30 Open Bridge	1:00 Fitness "A&B" Class		10:30 Zumba	11:00 Cannoli Dip							
2:00 Ice Cream Social	1:45 Trip - Dixie Mall	2:30 Horse Races	2:00 Kitchen Tours		1:00 Fitness "A&B" Class	2:00 Bocce Ball							
	2:30 Milkshakes	3:00 Wheel of Fortune	3:00 Art Class		2:15 Horse Races	3:00 Happy Hour with Robert Macerollo	2:00 Lemonade & Trivia						
	3:00 Candidate Visit - PC Party	4:00 Walking Club	3:00 Crosswords		3:00 BINGO	7:00 Movie: Life Is Beautiful	3:00 BINGO						
	6:30 Therapy Dog Visit	7:00 BINGO	7:00 Horse Races		9:00 Polling Station Closes								
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>Spring Market Vendor</b>	<b>14</b>		<b>15</b>	<b>16</b>					
11:00 Word Search	10:00 Fitness "A&B" Class	10:15 Morning Meditation	10:00 Yoga		10:00 Trip - Mystery Drive	9:30 Stretch & Relaxation	10:15 Word Search						
	10:30 Knitting Club	10:45 FitMinds	10:45 Java Music Club		10:15 Rosary (4FL)	10:00 Holy Communion							
2:00 Ice Cream Social	11:00 Lunch Bunch - Finn McCool's	1:00 Fitness "A&B" Class	1:00 Fitness "A" Class		10:30 Body and Soul Dance	10:30 Crosswords	2:15 Bean Bag Toss						
	1:45 Trip - Scenic Drive	1:30 Open Bridge	2:00 Fitness "B" Class		11:00 True or False	11:00 Farewell Tea for Kyla							
2:00 Travel Documentary: San Francisco	2:00 Rhythm n' Moves	2:30 Horse Races	2:00 Fruits of the World		1:00 Fitness "A" Class	2:00 Bean Bag Toss	3:00 BINGO						
	2:30 Milkshakes	3:00 Guest Speaker	3:00 Art Class		2:00 Falls Prevention	2:00 Men's Club with Chad							
	3:00 Ladies Club	4:00 Walking Club	3:00 Crosswords		2:15 Horse Races	3:00 Happy Hour with Penny Johnson	7:00 Movie Night						
	6:30 Therapy Dog Visit	7:00 BINGO	7:00 Horse Races		3:00 BINGO								
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>Golden Age Apparel</b>	<b>21</b>	<b>First Day of Summer</b>	<b>22</b>	<b>Strawberry Social</b>	<b>23</b>				
11:00 Word Search	9:45 Trip - Andrews Scenic Acre Far	10:00 Anglican Service	10:00 Yoga		10:15 Morning Meditation	9:30 Stretch & Relaxation	10:15 Word Search						
	10:00 Fitness "A" Class	10:00 Storytime with Kiddies	10:45 Java Music Club		10:30 Zumba	10:00 Holy Communion							
11:00 Father's Day Brunch	11:00 Fitness "B" Class	10:45 FitMinds	1:00 Fitness "A" Class		11:00 Celebrating World	10:30 Crosswords	10:30 Walking Club						
	1:45 Trip - Walmart	1:00 Fitness "A&B" Class	2:00 Fitness "B" Class		Music Day	2:00 Lawn Bowling							
1:00 Father's Day Brunch	2:00 Rhythm n' Moves	2:30 Horse Races	2:00 Welcome Reception		1:00 Fitness "A" Class	3:00 Strawberry Social with Marie Gogo	2:00 Lemonade & Trivia						
	2:30 Milkshakes	3:00 Wheel of Fortune	3:00 Art Class		2:00 Falls Prevention								
3:00 Entertainment with Wendall Phillips	3:00 Book Club Trip to Cafe	4:00 Walking Club	3:00 Crosswords		2:15 Horse Races								
	6:30 Therapy Dog Visit	7:00 BINGO	7:00 Horse Races		3:00 BINGO		3:00 BINGO						
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>		<b>28</b>	<b>29</b>	<b>30</b>						
10:00 Trip - St. Andrew's Church	9:45 Trip - Springridge Farm Picnic	10:15 Morning Meditation	10:00 Yoga		10:00 Trip - Shoppers Drug Mart	9:30 Stretch & Relaxation	10:15 Word Search						
		10:45 FitMinds	10:45 Java Music Club		10:30 Body and Soul Dance	10:00 Catholic Mass							
11:00 Word Search	10:00 Fitness "A" Class	1:00 Fitness "A&B" Class	1:00 Fitness "A" Class		1:00 Fitness "A" Class	10:30 Crosswords	2:15 Bean Bag Toss						
	11:00 Fitness "B" Class	1:30 Open Bridge	2:00 Fitness "B" Class		1:45 Trip - Shoppers Drug Mart	2:00 Bean Bag Toss							
11:00 Suite Melody Care	1:45 Trip - Oakville Place	2:30 Horse Races	2:00 Cooking - Pizza		2:00 Falls Prevention	3:00 Birthday Party with Laurence Marks	3:00 BINGO						
	2:30 Milkshakes	3:00 Town Hall Meeting	3:00 Crosswords		2:15 Horse Races								
2:30 Dahlia's Music School Piano Recital	6:30 Therapy Dog Visit	4:00 Walking Club	3:00 Art Class		3:00 BINGO		7:00 Movie Night						
		7:00 BINGO	7:00 Horse Races										