

## Sample Activity Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**LIVE NOW**  
by **CHARTWELL**

### Chartwell Hollandview Trail Retirement Residence

**200 John West Way  
Aurora, Ontario  
289-648-4098**

01		02	
9:30	ComboFit Exercise	9:00	Fitness Centre
10:00	MensFit Exercise	10:00	Walk a KM with us
11:00	PhysioFit Stand	11:00	Reading Group
11:30	PhysioFit Chair	11:00	Technology Help
2:00	Program Meeting	2:00	Colour Me Calm
3:30	Comedy Hour	7:00	Bridge
7:00	New Release Movie	7:00	Royal Movie Series

03		04		05		06		07		08		09	
9:00	Fitness Centre	9:30	Rhythm N Moves	9:30	ComboFit Exercise	9:30	ComboFit Exercise	9:30	ComboFit Exercise	9:30	ComboFit Exercise	9:00	Fitness Centre
10:00	Technology Help	10:00	MensFit Exercise	10:00	AquaFit	10:00	MensFit Exercise	10:00	AquaFit	10:00	MensFit Exercise	10:00	Walk a KM with us
10:45	Rosary Prayers	11:00	PhysioFit Stand	11:00	PhysioFit Stand	11:00	Gentle Yoga	11:00	PhysioFit Stand	11:00	PhysioFit Stand	11:00	Reading Group
11:00	Catholic Communion	11:30	PhysioFit Chair	11:30	PhysioFit Chair	2:00	Evergreen Choir	11:30	PhysioFit Chair	11:30	PhysioFit Chair	11:00	Technology Help
2:00	Bridge Refresher	2:00	Summer Art	2:00	Resident Survey	3:30	Knotty Knitters	2:00	Craft N' Creations	2:00	Mayo Entertains	2:00	Piano School
3:00	Piano Music	3:00	Euchre	3:30	FitMinds	4:00	Victory Garden Club	3:30	Java Music	3:30	Comedy Hour	7:00	Bridge
4:00	Reading Group	4:00	Prayer Group	7:00	Bridge	7:00	Bogart in Film	7:00	Bridge	7:00	New Release Movie	7:00	Royal Movie Series
7:00	Father's Day Movie	7:00	Trivia	7:00	Shuffleboard			7:00	Sing A Long				
10		11		12		13		14		15		16	
9:00	Fitness Centre	9:30	Rhythm N Moves	9:30	ComboFit Exercise	9:30	ComboFit Exercise	9:30	ComboFit Exercise	9:30	ComboFit Exercise	9:00	Fitness Centre
10:00	Technology Help	10:00	MensFit Exercise	10:00	AquaFit	10:00	MensFit Exercise	10:00	AquaFit	10:00	MensFit Exercise	10:00	Walk a KM with us
10:45	Rosary Prayers	11:00	PhysioFit Stand	11:00	PhysioFit Stand	11:00	Gentle Yoga	11:00	PhysioFit Stand	11:00	PhysioFit Stand	11:00	Reading Group
11:00	Catholic Communion	11:30	PhysioFit Chair	11:30	PhysioFit Chair	12:00	Father's Day BBQ	11:30	PhysioFit Chair	11:30	PhysioFit Chair	11:00	Technology Help
2:00	Bridge Refresher	2:00	Fire Safety Info	2:00	Resident Survey	2:00	Gord Entertains	2:00	Craft N' Creations	2:00	Strawberry Social	2:00	Colour Me Calm
3:00	Piano Music	3:00	Euchre	3:30	FitMinds	3:30	Knotty Knitters	3:30	Java Music	3:30	Comedy Hour	7:00	Bridge
4:00	Reading Group	4:00	Prayer Group	7:00	Bridge	4:00	Victory Garden Club	7:00	Bridge	7:00	New Release Movie	7:00	Royal Movie Series
7:00	Father's Day Movie	7:00	Trivia	7:00	Shuffleboard	7:00	Bogart in Film	7:00	Sing A Long				
17 FATHER'S DAY		18		19		20		21		22		23	
9:00	Fitness Centre	9:30	Rhythm N Moves	9:30	ComboFit Exercise	9:30	ComboFit Exercise	9:30	ComboFit Exercise	9:30	ComboFit Exercise	9:00	Fitness Centre
10:00	Technology Help	10:00	MensFit Exercise	10:00	AquaFit	10:00	MensFit Exercise	10:00	AquaFit	10:00	MensFit Exercise	10:00	Walk a KM with us
10:45	Rosary Prayers	11:00	PhysioFit Stand	11:00	PhysioFit Stand	11:00	Gentle Yoga	11:00	PhysioFit Stand	11:00	PhysioFit Stand	11:00	Reading Group
11:00	Catholic Communion	11:30	PhysioFit Chair	11:30	PhysioFit Chair	2:00	Guest Speaker Judy	11:30	PhysioFit Chair	11:30	PhysioFit Chair	11:00	Technology Help
2:00	Bridge Refresher	2:00	Garden Games	2:00	Summer Drinks	3:30	Knotty Knitters	2:00	Craft N' Creations	2:00	Cara Entertains	2:00	Colour Me Calm
3:00	Piano Music	3:00	Euchre	3:30	FitMinds	4:00	Victory Garden Club	3:30	Java Music	3:30	Comedy Hour	7:00	Bridge
4:00	Reading Group	4:00	Prayer Group	7:00	Bridge	7:00	Bogart in Film	7:00	Bridge	7:00	New Release Movie	7:00	Royal Movie Series
7:00	Father's Day Movie	7:00	Trivia	7:00	Shuffleboard			7:00	Sing A Long				
24		25		26		27		28		29		30	
9:00	Fitness Centre	9:30	Rhythm N Moves	9:30	ComboFit Exercise	9:30	ComboFit Exercise	9:30	ComboFit Exercise	9:30	ComboFit Exercise	9:00	Fitness Centre
10:00	Technology Help	10:00	MensFit Exercise	10:00	AquaFit	10:00	MensFit Exercise	10:00	AquaFit	10:00	MensFit Exercise	10:00	Walk a KM with us
10:45	Rosary Prayers	11:00	PhysioFit Stand	11:00	PhysioFit Stand	11:00	Gentle Yoga	11:00	PhysioFit Stand	11:00	PhysioFit Stand	11:00	Reading Group
11:00	Catholic Communion	11:30	PhysioFit Chair	11:30	PhysioFit Chair	2:00	Welcome Meeting	11:30	PhysioFit Chair	11:30	PhysioFit Chair	11:00	Technology Help
2:00	Bridge Refresher	2:00	Food Meeting	2:00	Nature Show	3:30	Knotty Knitters	2:00	Craft N' Creations	2:00	\$2 Canada Bingo	2:00	Colour Me Calm
3:00	Piano Music	3:00	Euchre	3:30	FitMinds	4:00	Victory Garden Club	3:30	Java Music	3:30	Comedy Hour	7:00	Bridge
4:00	Reading Group	4:00	Prayer Group	7:00	Bridge	7:00	Bogart in Film	7:00	Bridge	7:00	New Release Movie	7:00	Royal Movie Series
7:00	Father's Day Movie	7:00	Trivia	7:00	Shuffleboard			7:00	Sing A Long				