

Sample Activity Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



LIVE NOW
by **CHARTWELL**

Chartwell Chatsworth Retirement Residence

**1831 Parkview Crescent
Kelowna, British Columbia
778-738-0623**

01		02	
9:30	Coffee Corner	9:30	Coffee Corner
10:15	Armchair Exercise	10:00	Happy Hikers Walking
10:45	Relaxation&Reflection		Program -Meet Angie
2:15	Musical moments w/Trish on the GRAND Piano		Reception
2:15	Tea Trolley	2:15	Shuffle Board Play & Learn
6:30	FitMinds/Word Search		New Players Welcome
		7:00	Readers Digest
			Scenic Railway Movie

03		04		05 TUESDAY BUS SUPERVISED		06 WED BUS SUPERVISED		07		08		09	
9:30	Coffee Corner in	10:15	Armchair Exercise	9:00	Bus:Banking,Apt,Safeway	9:30	Coffee Corner in	9:30	Coffee Corner in	9:30	Coffee Corner	9:30	Coffee Corner
10:20	Free Bus to Church of God	10:45	Rhythm n' Moves	9:00	Swimming *Sign-up*	10:15	Armchair Exercise	10:30	Tai Chi	10:15	Armchair Exercise	10:00	Happy Hikers Walking
	Meet in Lobby	1:00	Taxi Bus Service sign-up	9:30	Coffee Corner	10:30	Circuit Training	1:30	Java Club	10:45	Relaxation&Reflection		Program-Meet Angie
11:00	Catholic Communion		*Unsupervised*	10:30	Circuit Training	10:45	Mental Aerobics	2:30	CRIB	2:15	Birthday Tea -DR		Reception
2:15	Tea Trolley		Last pick up 3:45 pm	2:15	H.O.P.E. Knitters	1:30	Shopping Trip to Orchard Park or Wal-Mart *Sign-up*	3:00	Happy Hour		W/Melody Sounds	2:15	Tea Trolley
2:15	Shuffle Board	2:00	Bingo	2:15	Tea & Chat			4:00	*Chef's Table-by invitation*		Everyone Welcome -DR	2:15	Musical Memories CD
6:45	Special Entertainment	3:15	Bible Study		Come & meet with friends	6:30	Loonie Whist	6:30	Patio Pals Social (Back Patio)	6:30	FitMinds/Word Search	7:00	Golden Oldies Movie
	W/Bob King	6:30	Bocce Ball -Back Patio	6:30	Games Night/Horse Racing	6:30	Bean-Bag-Toss		Enjoy Lemonade or BYOB				
10		11		12		13		14		15		16	
9:30	Coffee Corner in	10:15	Armchair Exercise	9:00	Bus:Banking,Apt,Safeway	9:30	Resident Meeting	9:00	NexGen Hearing Clinic	9:30	Coffee Corner	9:30	Coffee Corner
10:20	Free Bus to Church of God	10:45	Rhythm n' Moves	9:00	Swimming *Sign-up*		with the General Manager	10:30	Tai Chi	10:15	Armchair Exercise	10:00	Happy Hikers Walking
	Meet in Lobby	1:00	Taxi Bus Service sign-up	9:30	Coffee Corner		Everyone Welcome!	1:30	Java Club	11:00	Gentlemen's Lunch		Program-Meet Angie
11:00	Catholic Communion		*Unsupervised*	10:30	Circuit Training	11:00	Picnic at Beach -Bring Hat	2:30	CRIB		We want to celebrate our		Reception
2:15	Tea Trolley		Last pick up 3:45 pm	2:15	H.O.P.E. -Mommas for		Lunch Provided *Sign up*	3:00	Happy Hour		men - All men welcome! CK	2:15	Tea Trolley
2:15	Shuffle Board	2:00	Bingo		Mommas Blanket Donations	2:15	Tea Trolley	6:45	Entertainment Evening	3:00	Beer Garden a \$2 Beer	2:15	Sundaes on Saturday!
6:30	Patio Pals Social(Back Patio)	3:15	Bible Study		come see the blankets	6:30	Loonie Whist		with Valley Gentlemen		Back Patio		Create your Ice-cream Treats
	Enjoy Lemonade or BYOB	6:30	Bocce Ball -Back Patio	6:30	Games Night/Horse Racing	6:30	Bean-Bag-Toss		Lounge	6:30	FitMinds/Word Search	7:00	Maritimes Journey
17 FATHER'S DAY		18		19		20		21		22		23	
10:20	Free Bus to Church of God	10:15	Armchair Exercise	9:00	Bus:Banking,Apt,Safeway	10:15	Armchair Exercise	9:30	Coffee Corner in	9:30	Coffee Corner	9:30	Coffee Corner
	Father's Day Lunch BBQ	10:45	Rhythm n' Moves	9:00	Swimming *Sign-up*	10:30	Circuit Training	10:30	Tai Chi	10:15	Armchair Exercise	10:00	Happy Hikers Walking
	Regular Seating	1:00	Taxi Bus Service sign-up	9:30	Coffee Corner	10:45	Mental Aerobics	1:30	Java Club	11:00	Catholic Mass		Program-Meet Angie
	Reserve for guest 48 Hrs.		*Unsupervised*	10:30	Circuit Training	1:30	Art gallery tour	2:30	CRIB	2:15	Hummers & Strummers		Reception
	in advance. Tickets (\$9.25)		Last pick up 3:45 pm	2:15	H.O.P.E. Knitters		A cultivating journey with Art	3:00	Happy Hour		Sing along	2:15	Card Making
2:30	Non denominational church	2:00	Bingo!	2:15	Tea & Chat		by The Grand Masters *sign up	6:45	Entertainment Evening		Lounge		W/Carrie
	Service w/the Friesens	3:15	Bible Study		Everyone Welcome!	6:30	Loonie Whist		with Carol Tripp	6:30	FitMinds/Word Search	7:00	Golden Oldies Movie
6:30	Patio Pals Social(Back Patio)	6:30	Bocce Ball -Back Patio	6:30	Games Night/Horse Racing	6:30	Bean-Bag-Toss		Lounge				Lounge
24		25		26		27		28		29		30	
9:30	Coffee Corner in	10:15	Armchair Exercise	9:00	Bus:Banking,Apt,Safeway	9:30	Coffee Corner in	9:30	Coffee Corner in	9:30	Coffee Corner	9:30	Coffee Corner
10:20	Free Bus to Church of God	10:45	Rhythm n' Moves	9:00	Swimming Supervised Sign-up	10:15	Armchair Exercise	10:30	Tai Chi	10:15	Armchair Exercise	10:00	Happy Hikers Walking
11:00	Catholic Communion	1:00	Taxi Bus Service sign-up	10:30	Circuit Training	10:30	Circuit Training	1:30	Java Club	10:45	Relaxation&Reflection		Program-Meet Angie
2:00	Anglican Holy Communion		*Unsupervised*	11:30	Bungalow B.B.Q.	1:30	Scenic drive with stop at	2:30	CRIB	2:15	Summer Sipping		Reception
2:15	Shuffle Board		Last pick up 3:45 pm		all Bungalow Residents		fruit stand for Ice Cream	3:00	Happy Hour		Wine & cheese -Wine \$3.50	2:15	Creative Crafts
2:15	Tea Trolley	2:00	Bingo!	2:15	Tea & Chat		& fruit -Sign-up-	6:45	Entertainment Evening		on Front Patio		W/Carrie
6:30	Patio Pals Social (Back Patio)	3:15	Bible Study		Come & meet with friends	6:30	Loonie Whist		with Roland Quesseth	6:30	FitMinds/Word Search	7:00	Readers Digest
	Enjoy Lemonade or BYOB	6:30	Bocce Ball -Back Patio	6:30	Games Night/Horse Racing	6:30	Bean-Bag-Toss		Lounge				Scenic Cruises Movie