

Sample Activity Calendar

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
01 CANADA DAY		02		03		04		05 Medical Appt's		06		07	
10:00	Mass			9:00	Exercises	9:00	Exercises	9:00	Rythm & Moves				
				9:30	Daily Crossword	9:30	Daily Crossword	9:30	Daily Crossword	10:00	Gourmet Coffee & Chat	9:30	Daily Crossword
2:00	Afternoon Tea	10:30	Knitting Club	10:30	Jeopardy on the Wii	10:30	Resident Meeting	10:30	Prehistoric World		And Current Events	10:00	Play Cards
	Piano with Mary Anne			11:00	Banking				with Picnic Lunch				
		1:30	Bingo	12:30	Manicures	2:00	Java Music Club			1:30	Scrabble	1:30	Bingo
7:00	Play Cards	3:00	Canadian Trivia	1:00	Shopping - Walmart	3:00	Table Shuffleboard	1:30	Bingo	2:30	Darts		
9:00	Fireworks 4th & 5th			2:00	Bowling on the Wii			3:00	Sing A Long				
	Floor Solariums	7:00	Euchre	7:00	Bean Bags	7:00	Movie	7:00	Bean Bags	7:00	Left, Center, Right	7:00	Lawrence Welk
08		09		10		11		12 Medical Appt's		13		14	
		9:00	Exercises	9:00	Exercises	9:00	Exercises	9:00	Rythm & Moves				
10:00	Mass	9:30	Daily Crossword	9:30	Daily Crossword	9:30	Daily Crossword	9:30	Daily Crossword	10:00	Gourmet Coffee & Chat	9:30	Daily Crossword
		10:30	Knitting Club			10:00	Colouring for Adults	10:30	Food for Thought		And Current Events	10:00	Play Cards
				11:00	Banking			12:30	Upper Canada Playhouse				
2:00	Afternoon Tea	1:30	Bingo	12:30	Manicures	1:30	Left, Center, Right			1:30	Scrabble	1:30	Bingo
	Piano with Mary Anne	3:00	Canadian Trivia	1:00	Shopping - Giant Tiger	3:00	Chair Yoga	1:30	Bingo	2:30	Darts		
								3:00	Sing A Long				
7:00	Play Cards	7:00	Bean Bags	7:00	Euchre	7:00	Movie	7:00	Bean Bags	7:00	Left, Center, Right	7:00	Lawrence Welk
15		16		17		18		19 Medical Appt's		20		21	
		9:00	Exercises	9:00	Exercises	9:00	Hearing Clinic	9:00	Rythm & Moves				
10:00	Mass	9:30	Daily Crossword	9:30	Daily Crossword	9:00	Exercises	9:30	Daily Crossword	10:00	Gourmet Coffee & Chat	9:30	Daily Crossword
		10:30	Knitting Club	10:30	Blood Pressure Clinic			10:30	FitMinds		And Current Events	10:00	Play Cards
				11:00	Banking			11:00	Restaurant - Blue Anchor				
2:00	Afternoon Tea	1:30	Bingo	12:30	Manicures	1:30	Left, Center, Right			2:00	Entertainment with	1:30	Bingo
	Piano with Mary Anne	3:00	Canadian Trivia	1:00	Shopping - Walmart	3:00	Table Shuffleboard	1:30	Bingo		Good Tyme Country		
								3:00	Sing A Long				
7:00	Play Cards	7:00	Euchre	7:00	Bean Bags	7:00	Movie	7:00	Bean Bags	7:00	Left, Center, Right	7:00	Lawrence Welk
22		23		24		25		26 Medical Appt's		27		28	
		9:00	Exercises	8:15	Casino	9:00	Exercises	9:00	Rythm & Moves				
10:00	Mass	9:30	Daily Crossword	9:00	Exercises	9:30	Daily Crossword	9:30	Daily Crossword	10:00	Gourmet Coffee & Chat	9:30	Daily Crossword
		10:30	Knitting Club	10:30	Jeopardy on the Wii	10:00	Classic Care Pharmacy	10:30	FitMinds		And Current Events	10:00	Play Cards
		10:30	Clean Horovitz Park	11:00	Banking		Information Session						
2:00	Afternoon Tea	1:30	Bingo	12:30	Manicures	2:00	Java Music Club			1:30	Scrabble	1:30	Bingo
	Piano with Mary Anne	3:00	Canadian Trivia	1:00	Shopping - Brookdale	3:00	Chair Yoga	2:00	Birthday Party with	2:30	Darts		
				2:00	Bowling on the Wii				Brian Graham				
7:00	Play Cards	7:00	Bean Bags	7:00	Euchre	7:00	Movie	7:00	Bean Bags	7:00	Left, Center, Right	7:00	Lawrence Welk
29		30		31		Chartwell Chateau Cornwall Retirement Residence 41 Amelia Street Cornwall, Ontario 613-937-7275							
		9:00	Exercises	9:00	Exercises								
10:00	Mass	9:30	Daily Crossword	9:30	Daily Crossword								
		10:30	Knitting Club										
		10:30	Clean Horovitz Park	11:00	Banking								
2:00	Afternoon Tea	1:30	Bingo	12:30	Manicures								
	Piano with Mary Anne	3:00	Canadian Trivia	1:00	Shopping - Eastcourt								
7:00	Play Cards	7:00	Euchre	7:00	Bean Bags								



LIVE NOW

by CHARTwell