

## Sample Activity Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**LIVE NOW**  
by **CHARTWELL**

### Chartwell Carrington House Retirement Residence

**32679-6th Avenue**  
**Mission, British Columbia**  
**604-557-5152**

01		02	
9:30	Fitness with Brittany	1:30	Cribbage
10:30	Word Pyramids	3:00	Trivia Happy Hour
1:15	Bridge	7:00	Movie Night:
1:30	52-Card Bingo		That's Entertainment
3:00	Trivia Happy Hour		Part 2
7:00	Karaoke		

03		04		05 TUCK SHOP OPEN		06		07 TUCK SHOP OPEN		08		09	
1:30	Bridge	9:30	Fitness with Brittany	9:30	Chair Yoga	9:30	Sit + Be Fit	9:00	Dr. Nemanishen IN	9:30	Sit + Be Fit	1:30	Cribbage
7:00	Movie Night: Documentary	10:30	Word Games	10:30	Bible Readings	10:30	Bus Outing:	9:30	Gentle Stretches	10:30	"Finish the Story"	2:00	Sock Hop Event w/
		1:00	Seniors' Week Ice Cream	10:30	You Be the Judge		Minter Gardens	1:30	Crosswords w/Nancy		Word Game		Riverside College
			Social w/ Sweetwater	1:30	Shopping Shuttle	1:30	Billiards	3:15	Horseshoes	11:00	Connect Hearing IN	7:00	Movie Night:
		3:00	Current Events	1:30	52-Card Bingo	1:30	Resident Survey Info Session	7:00	Entertainment + Happy Hour	1:15	Bridge		Burlesque
		7:00	Cribbage	1:30	Knitting Club	3:00	Movie Night:		w/ True Blue	1:30	Welcome Tea for Brittany		
				2:00	Catholic Rosary	7:00	The Avengers			3:00	Trivia Happy Hour		
				3:00	Gardening: Soil Distribution					7:00	Karaoke		
10		11		12 TUCK SHOP OPEN		13		14 TUCK SHOP OPEN		15 SURVEYS DUE		16	
1:30	Bridge	9:30	Fitness with Brittany	9:30	Chair Yoga	9:30	Sit + Be Fit	9:30	Gentle Stretches	9:30	Fitness with Brittany	1:30	Cribbage
2:00	Church Service	10:30	"Hangman" Word Game	10:30	Bible Readings	10:30	FitMinds	12:15	Bus Outing:	10:30	Word Pyramids	1:30	Father's Day BBQ + Car Show
7:00	Movie Night: Documentary	1:30	Shopping Shuttle	10:30	"Words in a Word " Game	1:30	Bingo		Seniors Centre w/Music JAM	1:15	Bridge		7th Avenue
		1:30	52-Card Bingo	1:00	Music JAM + Knitting	1:30	Billiards	1:30	Crosswords w/Nancy	1:30	Bus Outing:	7:00	Movie Night:
		3:00	Scrabble w/Nancy	2:00	Catholic Rosary	3:00	Java Music Club & Lemonade	3:00	Bowling		Mission Art Gallery		Gigi
		3:00	Current Events	3:30	Ice Cream Sandwich Social		with Brittany	3:15	Adopt-a-Block	1:30	52-Card Bingo		
		7:00	Cribbage	7:00	Entertainment:	7:00	Movie Night:	7:00	Movie Night:	3:00	Trivia Happy Hour		
					Valley Singers		9 to 5		Western	7:00	Karaoke		
17 FATHER'S DAY		18		19 TUCK SHOP OPEN		20		21 TUCK SHOP OPEN		22		23	
1:30	Bridge	9:30	Fitness with Brittany	9:30	Chair Yoga	9:30	Sit + Be Fit	9:00	Dr. Nemanishen IN	9:30	Sit + Be Fit	1:30	Cribbage
7:00	Movie Night: Documentary	10:30	H.O.P.E. Meeting	10:30	Bible Readings	10:30	FitMinds	9:30	Gentle Stretches	10:30	Word Games	3:00	Trivia Happy Hour
		1:30	Shopping Shuttle	10:30	Finishing Lines Trivia	1:30	Bingo	10:30	Bus Outing:	1:15	Bridge	7:00	Movie Night:
		1:30	52-Card Bingo	1:30	Knitting Club	1:30	Billiards		Langley Casino + VV	1:30	Resident Council Meeting		Chicago
		3:00	Scrabble w/Nancy	1:30	New Resident + B-day	3:00	Java Music Club & Lemonade	1:30	Crosswords w/Nancy + Horseshoes	3:00	Trivia Happy Hour		
		3:00	Current Events		Party w/ SOS Choir		with Brittany	3:30	Calendar Planning w/Brittany	7:00	Karaoke		
		7:00	Cribbage	2:00	Catholic Rosary	7:00	Movie Night:	7:00	Entertainment + Happy Hour				
				3:00	Lemonade + Colouring		Belles on their Toes		w/Gordy Van Ieperen				
24		25		26 TUCK SHOP OPEN		27		28 TUCK SHOP OPEN		29 PORTS OF CALL: CANADA		30	
1:30	Pet Visits	9:30	Fitness with Brittany	9:30	Chair Yoga	9:30	Sit + Be Fit	9:30	Gentle Stretches	9:30	Fitness with Brittany	1:30	Cribbage
1:30	Bridge	10:30	You Be the Judge	10:30	Bible Readings	10:30	FitMinds	11:00	Bus Outing:	10:30	Canada Trivia	3:00	Trivia Happy Hour
2:00	Church Service	1:30	Shopping Shuttle	10:30	"Hangman" Word Game	1:30	Bingo		Picnic @ Allouette Lake	11:00-1	Canada Day BBQ	7:00	Movie Night:
7:00	Movie Night: Documentary	1:30	52-Card Bingo	1:30	Knitting Club	1:30	Billiards	1:30	Crosswords w/Nancy	1:15	Bridge		Seven Brides for Seven
		3:00	Scrabble w/Nancy	1:30	52-Card Bingo	3:00	Java Music Club & Lemonade	3:00	Bowling	2:00	"Guess Who" Canadian Game		Brothers
		3:00	Current Events	2:00	Catholic Rosary		with Brittany	3:15	Adopt-a-Block	3:00	\$3 Canadian Ceasar Social +		
		7:00	Cribbage	3:00	Ice Cream Sandwich Social	7:00	Movie Night:	7:00	Movie Night: Western		& Trivia		
							Tootise			7:00	Karaoke		