

## Sample Activity Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**LIVE NOW**  
by **CHARTWELL**

### Chartwell Bridlewood Retirement Residence

**3998 Bridle Path Drive  
Gloucester, Ontario  
343-882-4762**

01		02	
10:00	Buzz Word	9:00	Crossword Puzzles
10:45	Rosary		Papers in
2:00	Movie Matinée	10:00	Drop in Cards
		2:00	Bingo with Donna

03		04 National Gardening Week		05		06		07		08		09	
10:00	Drop-in Games	9:30	Walking with Jaime	9:00	Rythm & moves (group 1)	9:00	Chair Yoga	9:00	Rythm & moves (group 1)	9:30	Buzz Word with Jaime	9:00	Crossword Puzzles
1:30	Sheila's Choir	1:00	Nails with Deborah	9:30	Rythm & moves (group 2)	10:00	Java Music Club	9:30	Rythm & moves (group 2)	10:45	Rosary		Papers in
2:00	Relaxation Colouring	1:00	Men's Club with Roger	9:45	Rosary	1:00	Egg Carton Planting	10:00	FitMinds	2:00	Brain Games with Carol	10:00	Drop in Cards
	Supplies in Lounge	2:00	WINE & CHEESE Johnny Vegas	10:00	Catholic Mass	2:00	Bingo	1:15	Walmart - Sign Up			2:00	Bingo with Donna
				2:00	ENTERTAINMENT Ben Leglise								
10		11		12		13		14		15		16	
10:00	Drop-in Games	9:30	Walking with Jaime	9:00	Rythm & moves (group 1)	9:00	Chair Yoga	8:45	Casino Trip (Sign Up)	10:00	Buzz Word with Jaime	9:00	Crossword Puzzles
2:00	Relaxation Colouring	10:00	Ottawa Public Library	9:30	Rythm & moves (group 2)	10:00	Java Music Club	9:00	Rythm & moves (group 1)	10:45	Rosary		Papers in
	Supplies in Lounge	1:30	Nails with Deborah	10:00	In-service (Tena Products)	1:00	Music and Mandalas	9:30	Rythm & moves (group 2)	2:00	ENTERTAINMENT George Kokich	10:00	Drop in Cards
		1:30	Men's Club with Roger	2:00	ENTERTAINMENT André Gareau	2:00	Bingo	10:00	FitMinds			2:00	Bingo with Donna
								1:15	Billings Bridge - Sign Up				
17 FATHER'S DAY		18		19 National Martini Day		20		21 National Selfie Day		22		23	
10:00	Drop-in Games	9:30	Walking with Jaime	9:00	Rythm & moves (group 1)	9:00	Chair Yoga	9:00	Rythm & moves (group 1)	10:00	Buzz Word with Jaime	9:00	Crossword Puzzles
11:00	Father's Day Lunch	10:00	St. James Anglican Church	9:30	Rythm & moves (group 2)	10:00	Java Music Club	9:30	Rythm & moves (group 2)	10:45	Rosary		Papers in
2:00	Relaxation Colouring	1:00	Nails with Deborah	10:00	Music and Mandalas	1:15	Shopping Trip - Sign Up	1:00	Port of Call	2:00	Horse Races	10:00	Drop in Cards
	Supplies in Lounge	1:00	Men's Club with Roger	2:00	ENTERTAINMENT The Key Notes	2:00	Bingo		Nashville		\$ Bring Your Change \$	2:00	Bingo with Larry
		2:00	Strawberry Social										
			ENTERTAINMENT Alex Lopez										
24		25		26 BIRTHDAY PARTY DAY		27		28		29		30	
10:00	Drop-in Games	9:30	Walking with Jaime	9:00	Rythm & moves (group 1)	9:00	Chair Yoga	8:45	Casino Trip (Sign Up)	9:30	Buzz Word with Jaime	9:00	Crossword Puzzles
2:00	Relaxation Colouring	1:30	Nails with Deborah	9:30	Rythm & moves (group 2)	10:00	Java Music Club	9:00	Rythm & moves (group 1)	10:45	Rosary		Papers in
	Supplies in Lounge	1:30	Men's Club with Roger	10:00	Music and Mandalas	2:00	Bingo	9:30	Rythm & moves (group 2)	1:15	Shopping Trip - Sign Up	10:00	Drop in Cards
		2:00	Movie Afternoon	2:00	ENTERTAINMENT Mike Gélinas June Birthdays	3:00	ENTERTAINMENT Michelle's Clarinet Recital	10:00	FitMinds	2:00	Wii Bowling	2:00	Bingo with Donna
								1:30	Blood Pressure Clinic				
								2:00	ENTERTAINMENT Professor Cammy				