

Sample Activity Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



LIVE NOW
by **CHARTWELL**

Chartwell Bayview Retirement Residence

**435 Dundas Street West
Belleville, Ontario
613-689-9984**

01

02

9:30	Crosswords	10:00	Dominos
9:30	Exercise for Arthritis	1:30	Wii Bowling
10:30	Exercise for Arthritis	2:30	Documentary
11:00	St. Michael's Church		"The Secret Life of Birds"
2:00	Sage Age Theatre	6:30	Movie
	Reception to follow		"Phantom of the Opera"
6:30	Fireside Chat		

03		04		05		06		07		08		09	
				9:30	Chair Yoga with Michele	9:30	Exercise for Arthritis	8:30	Health & Wellness Appts.	9:30	Crosswords		
10:00	Eastminster DVD Church Service	9:30	Exercise for Arthritis	9:30	H.O.P.E.	10:30	Hand Bells	9:15	BP Clinic 1st Fl.	9:30	Exercise for Arthritis	10:00	Dominos
2:00	Classical Interlude	10:30	Exercise for Arthritis	9:30	Visit from Grade 8's	11:00	Get Your Survey On	9:30	Rhythm n' Moves	9:45	Bus Trip	1:30	Wii Bowling
	"Classical Favourites for Violin & Piano"	10:30	Adult Colouring			11:00	Meditation	10:00	Bank Shuttle		"Water Treatment Plant"	2:30	Bistro Treats
		1:30	Shuffleboard	1:00	Reiki	1:30	Wii Bowling	10:30	Scrabble	10:30	Exercise for Arthritis		"Strawberry Smoothies"
		2:30	Bridge for Fun	1:30	Activity Planning Mtg.	3:00	Java Music Club	1:15	Shopping - Mall/Wal-mart	11:00	St. Michael's Church	6:30	Movie
3:00	Euchre/Cribbage	3:00	Get Your Survey On		H.O.P.E.	6:30	Movie	1:30	Lawn Darts	2:00	Concert & Happy Hour		"Big Jake"
7:00	Hymn Sing	6:30	10 Cent Bingo	2:30	Show Your Treasures		Who's Coming to Dinner	2:30	Brain Crackers	6:30	Stories & Poems		
10		11		12		13		14		15		16	
		9:30	Exercise for Arthritis					8:30	Health & Wellness Appts.	9:30	Crosswords		
10:00	Eastminster DVD Church Service	10:30	Exercise for Arthritis	9:30	Fun With French	9:30	Exercise for Arthritis	9:15	BP Clinic 2nd Fl.	9:30	Exercise for Arthritis	10:00	Dominos
2:30	Sing-a-long with Doug	11:00	Lunch Out at the Golden Valley	10:30	Did You Know?	10:30	Hand Bells	9:30	Rhythm n' Moves	10:30	Exercise for Arthritis	1:30	Wii Bowling
		1:30	Shuffleboard	1:00	Reiki	11:00	Meditation	10:30	Canadian Trivia	11:00	St. Michael's Church	3:00	10 Cent Bingo
3:00	Euchre/Cribbage	1:30	Bus Trip	1:30	Town Hall Meeting	1:30	Wii Bowling	1:15	Shopping-Mall/Giant Tiger	12:00	Barbeque & BIS	6:30	Movie
7:00	Hymn Sing		"Asparagus Farm"	2:00	Get Your Survey On	3:00	Java Music Club	2:30	Brain Crackers	1:30	Sing-a-long		"License to Wed"
		2:30	Bridge for Fun	2:30	Reminiscing	6:30	Movie	3:00	Chinese Checkers	2:30	Father's Day Casino Fun	7:00	Concert
				6:30	10 Cent Bingo		"The First Wives Club"	7:00	Music Appreciation	6:30	Fireside Chat		with 'Carpe Diem'
17 FATHER'S DAY		18		19		20		21		22		23	
		9:30	Exercise for Arthritis	9:30	Chair Yoga with Michele			8:30	Health & Wellness Appts.	9:30	Crosswords		
10:00	Eastminster DVD Church Service	10:30	Exercise for Arthritis	9:30	Fun With French	9:30	Exercise for Arthritis	9:15	BP Clinic 3rd Fl.	9:30	Exercise for Arthritis	10:00	Dominos
2:00	Movie	1:30	Shuffleboard	10:30	FitMinds	10:30	Hand Bells	9:30	Rhythm n' Moves	10:30	Exercise for Arthritis	1:30	Wii Bowling
	"Grumpy Old Men"	2:00	Monday Sundaes	1:00	Reiki	11:00	Meditation	10:30	Ladderball	11:00	St. Michael's Church	2:30	Bistro Treats
		2:30	Bridge for Fun	1:30	Life & Times	1:30	Wii Bowling	1:15	Shopping-Mall/Value Village	2:00	Concert		"Strawberry Smoothies"
3:00	Euchre/Cribbage	3:00	Speaker		"John Denver"	3:00	Java Music Club	2:00	Anglican Church Service		with "John Malcolm"	6:30	Movie
7:00	Hymn Sing		"Bone Health"	2:30	Collector's Corner	6:30	Movie	2:30	Brain Crackers	3:15	What Bird Am I?		"Brigadoon"
		6:30	10 Cent Bingo	3:30	Lawn Darts		"Mission Impossible"	6:30	Strawberry Social	6:30	Stories & Poems		
24		25		26		27		28		29		30	
		9:30	Exercise for Arthritis			9:30	Exercise for Arthritis	8:30	Health & Wellness Appts.	9:30	Crosswords		
10:00	Eastminster DVD Church	10:30	Exercise for Arthritis	9:30	Fun With French	10:30	Hand Bells	9:30	Rhythm n' Moves	9:30	Exercise for Arthritis	10:00	Dominos
2:00	DVD Concert	10:00	Bus Trip	10:30	FitMinds	11:00	Meditation	10:30	Canadian Trivia	10:30	Exercise for Arthritis	1:30	Wii Bowling
	Andre Rieu		"Corby Rose Garden"	11:30	Walker Wash	2:00	Speaker	1:15	Shopping	11:00	St. Michael's Church	3:00	Reminiscing
	"Live In Dublin"	1:30	Bus Trip	1:00	Reiki		"History of Firefighting"		Mall/Thrift Store	12:00	Barbeque & BIS	6:30	Movie
3:00	Euchre/Cribbage		"Scenic Drive"	1:30	Ladderball	3:00	Java Music Club	2:30	Brain Crackers	2:00	Birthday Party & Happy Hr.		"Forever Young"
7:00	Hymn Sing	1:30	Shuffleboard	2:30	Reminiscing	6:30	Movie	3:15	Lawn Darts		with "Michael Tremblay"		
		2:30	Bridge for Fun				"Angels In the Outfield"	6:30	10 Cent Bingo	3:00	Ducket Auction		