

## Sample Activity Calendar

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
<b>01 CANADA DAY</b>		<b>02</b>		<b>03</b>		<b>04</b>		<b>05</b>		<b>06</b>		<b>07</b>	
10:00	Avondale Service (online)	10:00	Coffee & Discussion	10:00	Sit & Stretch	9:30	Exercises	9:30	Exercises	9:30	Exercises		
				10:30	Tuck Shop	9:30	Juliet Club Nails	9:30-11	Weight & BP	10:30	HOPE: Puppy Pops for SPCA		
11:00	Pet Visits	11:00	Walking Group by Lake	11:00	Java Music Club	11:00	Visit from Baxter	10:00	Acorns & Oaktrees				
				2:00	Canada Day Party with John Moorhouse	1:30	Crib with Laurretta	10:30	Tuck Shop				
		1:00	Strawberry Social			2:00	Maple Madness & Trivia	11:00	Shoppers Shuttle	2:00	Happy Hour & Live Music by Tonia Joy	2:00	BINGO
2:00	Lemonade & Treats on the Patio			2:00	"Reading for the Love of it"		"All things Maple"	2:00	BINGO				6:15 Euchre
				3:00	Euchre								
						6:30	Upper Queens Concert			6:30	Dominos		
<b>08</b>		<b>09</b>		<b>10</b>		<b>11</b>		<b>12</b>		<b>13</b>		<b>14</b>	
		9:30	Exercises	10:00	Chair Yoga with David	9:30	Exercises	9:30	Exercises	9:30	Exercises		
10:00	Avondale Service (online)			10:30	Tuck Shop	9:30	Juliet Club Nails	10:00	Acorns & Oaktrees	10:30	"Healthy Ball" For One Care	10:00	Chair Yoga with David
11:00	Pet Visits	11:00	Lunch at Larry's Farm	11:00	Java Music Club	10:00	Rhythm n' Moves	10:30	Tuck Shop				
						11:00	Visit from Baxter						
2:00	Tea & Treats	2:00	Beneath the Note "Invitation to Dance"	2:00	"Reading for the Love of it"			2:00	BINGO	2:00	Happy Hour & Music by Friends of Music	2:00	Movie Matinee: "Thicker Than Water"
		3:00	Knitting	3:00	Euchre							6:15	Euchre
7:00	Fairhaven Youth Choir			3:30	Earthing & Meditation	3:00	Scrabble	3:00	Food For Thought				
										7:00	Crokinole		
<b>15</b>		<b>16</b>		<b>17</b>		<b>18</b>		<b>19</b>		<b>20</b>		<b>21</b>	
		9:30	Exercises	10:00	Chair Yoga with David	9:30	Exercises	9:30	Exercises	9:30	Exercises		
10:00	Avondale Service (online)			10:30	Tuck Shop	9:30	Juliet Club Nails	10:00	Acorns & Oaktrees	10:30	HOPE: PB Cookies for Fire Hall		
11:00	Pet Visits	11:00	FitMinds	11:00	Java Music Club	11:00	Visit from Baxter	10:30	Tuck Shop				
				2:00	Anglican Service			11:00	Shoppers Shuttle				
		1:30	Outing: Zehr's or Michaels	2:00	"Reading for the Love of it"	1:30	Crib with Laurretta	2:00	BINGO	2:00	Happy Hour & Music by Steve Miller	2:00	BINGO
2:00	Iced Tea & Treats on the Patio			3:00	Euchre	2:00	Rhythm n' Moves	2:30	Strawberry Social				
		3:00	Knitting	3:30	Earthing & Meditation	3:00	Scrabble	3:00	Resident Townhall			6:15	Euchre
		7:00	Kountry Korner			6:30	Upper Queens Concert			6:30	Dominos		
<b>22</b>		<b>23</b>		<b>24</b>		<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>	
		9:30	Exercises	10:00	Chair Yoga with David	9:30	Exercises	9:30	Exercises	9:30	Exercises		
10:00	Avondale Service (online)			10:30	Tuck Shop			9:30	Juliet Club Nails	10:30	HOPE: Brownies for Paramedics	2:00	Movie Matinee: "Follow The River"
11:00	Pet Visits	11:00	FitMinds	11:00	Java Music Club	11:00	Visit from Baxter	10:00	Acorns & Oaktrees				
				2:00	"Reading for the Love of it"	2:00	July Birthday Social	10:30	Tuck Shop				
		1:30	Outing: Walmart	2:00	Catholic Service		Music by K. Armstrong	11:00	Picnic at the River				
2:00	Tea & Treats	3:00	Knitting	3:00	Euchre	3:00	Scrabble		Music & Barge Cont.	2:00	BINGO		
		7:00	Parkview United Praise Team Choir	3:30	Earthing & Meditation	4:00	Rhythm n' Moves		"Shane Cook & Co"			6:15	Euchre
						6:30	Upper Queens Concert			7:00	Crokinole		
<b>29</b>		<b>30</b>		<b>31</b>		<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <p><b>Chartwell Anne Hathaway</b> Retirement Residence 480 Downie Street Stratford, Ontario 226-779-0968</p> </div> <div style="text-align: center;">  </div> <div style="text-align: center;"> <p><b>LIVE NOW</b> by <b>CHARTWELL</b></p> </div> </div>							
		9:30	Exercises										
10:00	Avondale Service (online)			10:30	Tuck Shop								
11:00	Pet Visits	11:00	Puzzles & Trivia										
2:00	Root Beer Floats on the Patio	2:00	Welcome Orientation	2:00	"Reading for the Love of it"								
				3:00	Euchre								